



**2020-2021 SUGGESTED IMPLEMENTATION PLAN**

# **Second Step® Early Learning**

2020 marks the beginning of an unprecedented school year when social-emotional learning (SEL) is more critical than ever. This plan is designed to help you successfully implement Second Step® Early Learning whether your site is teaching remotely, in-person, or a with hybrid of the two methods.

This plan includes SEL activities for both children and staff. The social-emotional well-being of staff is just as important as that of children, especially this year, so the suggested staff activities should be considered an integral part of your Second Step implementation.

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# Second Step® Early Learning 2020-2021 Suggested Implementation Plan At-a-Glance

		Before School Opens	Weeks 1-6	Weeks 7-12	Weeks 13-18	Weeks 19-24	Weeks 25-31
<b>Remote Learning</b>	<b>Staff Activities</b>	Review <a href="#">Second Step® Remote Adaptation Guide</a>					
		Complete Units 1-3 of the <a href="#">Second Step® SEL for Adults Resilience During Crisis Module</a>					
	<b>Student Activities</b>		Second Step Early Learning Unit 1: Skills for Learning	Second Step Early Learning Unit 2: Empathy	Second Step Early Learning Unit 3: Emotion Management	Second Step Early Learning Unit 4: Friendship Skills and Problem Solving	Second Step Early Learning Unit 5: Transitioning to Kindergarten
		Supplement with Brain Builders and Songs					

<b>In-Person/Hybrid Learning</b>	<b>Staff Activities</b>	Complete Units 1-3 of the <a href="#">Second Step SEL for Adults Resilience During Crisis Module</a>					
		Review <a href="#">Second Step Hybrid Adaptation Guide</a>					
	<b>Student Activities</b>		Second Step Early Learning Unit 1: Skills for Learning	Second Step Early Learning Unit 2: Empathy	Second Step Early Learning Unit 3: Emotion Management	Second Step Early Learning Unit 4: Friendship Skills and Problem Solving	Second Step Early Learning Unit 5: Transitioning to Kindergarten
		Supplement with Brain Builders and Songs					

## Resource Library

### **Second Step® Early Learning Weekly Themes**

These are the core Weekly Themes of Second Step Early Learning. Starting in early August, the Second Step Early Learning Unit 1 Weekly Theme activities will be available online.

### **Second Step® SEL for Adults Resilience During Crisis Module**

We're providing free access to a field-test version of this module ahead of its final release next year. Designed to guide school communities' response to events that cause extreme stress, our module will help teachers and school leaders strengthen their own resilience as well as recognize the signs of students in need of mental health supports.

### **Second Step Hybrid Adaptation Guide**

Schools that are open part-time can use this guide to adapt all levels of the Second Step program to meet their needs.

### **Second Step Remote Adaptation Guide**

Schools that remain closed can use this guide to adapt all levels of the Second Step program to meet their needs. This guide is grounded in feedback and direct observation of remote Second Step lessons.

### **Brain Builders and Songs**

Second Step Early Learning Weekly Themes use songs and Brain Builders to help reinforce skills and concepts. These materials can be found in the Teaching Materials Notebook or online at [SecondStep.org](http://SecondStep.org).

## Suggested Implementation Plan Rationale

### **Have all staff complete the Second Step SEL for Adults Resilience During Crisis Module as soon as possible.**

As Dr. Adam Sáenz, author of *The Power of a Teacher*, says: "The best Tier 1 intervention is a healthy teacher." We need to take care of ourselves before we can take care of others. Completing this module will ensure that educators can successfully support their students.

### **Supplement with Brain Builders and songs.**

We recommend boosting Second Step Early Learning by supplementing its Weekly Themes with songs and Brain Builders. Adding these into teaching schedules can help reinforce program content and provide valuable transition activities or breaks for children. These materials can be found in the Teaching Materials Notebook or online at [SecondStep.org](http://SecondStep.org).

## Integrating the Second Step® Child Protection Unit into Your Plan

- If you're providing in-person or hybrid learning, teach the Second Step Child Protection Unit as you normally would. Make sure all staff have completed the online training. Children's increased exposure to trauma during extended school closures may make the Second Step Child Protection Unit particularly important at this time.
- If you're providing remote learning, we recommend you wait until children return to begin teaching the Second Step Child Protection Unit. Due to the sensitive nature of these lessons, they're best done in person.
  - While waiting for schools to reopen, make sure all staff complete the online training courses.
  - You can also share the Committee for Children [child abuse prevention](#) family supports with your school community. These will allow families to begin this important work at home.

### Free All-Staff Training Module

To help educators provide the most support to the children they serve, Committee for Children is making the [Second Step Child Protection Unit All-Staff Training](#) available for free through December 31, 2020.