



ALIGNMENT CHART

Learning Forward Standards for Professional Learning

■ Second Step® SEL for Adults

About Second Step® SEL for Adults

Second Step SEL for Adults is a research-based, stand-alone SEL program designed to help K-12 leadership and staff strengthen their social-emotional skills. The modules in Second Step SEL for Adults prioritize educator well-being and help build a positive and supportive school climate.

How the Program Meets the Learning Forward Standards for Professional Learning

The following tables indicate which specific Second Step SEL for Adults modules and related materials can help K-12 leadership and staff develop the knowledge, skills, and attitudes needed to meet the Learning Forward Standards for Professional Learning.

Boxes are checked to indicate that the Second Step SEL for Adults program meets a given professional standard within the identified module when K-12 leadership and staff have clear opportunities to actively process the knowledge or practice the skills described in the topic through discussion, writing, or other related activities.



BROUGHT TO YOU BY
COMMITTEE FOR CHILDREN

Module 1: Building Trust

Learning Forward Standards for Professional Learning

Second Step[®] SEL for Adults

		Key Capacities Developed						
		Demonstrating honesty and integrity	Showing the courage to take initiative	Taking others' perspectives	Recognizing strengths in others	Demonstrating empathy and compassion	Showing concern for the feelings of others	
Standard	Equity Practices	Educators understand their students' historical, cultural, and societal contexts, embrace student assets through instruction, and foster relationships with students, families, and communities.		✓	✓	✓	✓	
	Curriculum, Assessment, and Instruction	Educators prioritize high-quality curriculum and instructional materials for students, assess student learning, and understand curriculum and implement through instruction.		✓		✓		
	Professional Expertise	Educators apply standards and research to their work, develop the expertise essential to their roles, and prioritize coherence and alignment in their learning.		✓				
	Equity Drivers	Educators prioritize equity in professional learning practices, identify and address their own biases and beliefs, and collaborate with diverse colleagues.	✓	✓	✓	✓	✓	
	Evidence	Educators create expectations and build capacity for use of evidence, leverage evidence, data, and research from multiple sources to plan educator learning, and measure and report the impact of professional learning.		✓	✓			
	Learning Designs	Educators set relevant and contextualized learning goals, ground their work in research and theories about learning, and implement evidence-based learning designs.		✓				



Module 1: Building Trust

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		Demonstrating honesty and integrity	Showing the courage to take initiative	Taking others' perspectives	Recognizing strengths in others	Demonstrating empathy and compassion	Showing concern for the feelings of others
Implementation	Educators understand and apply research on change management, engage in feedback processes, and implement and sustain professional learning.		✓				
Equity Foundations	Educators establish expectations for equity, create structures to ensure equitable access to learning, and sustain a culture of support for all staff.	✓	✓		✓	✓	
Culture of Collaborative Inquiry	Educators engage in continuous improvement, build collaboration skills and capacity, and share responsibility for improving learning for all students.		✓			✓	
Leadership	Educators establish a compelling and inclusive vision for professional learning, sustain coherent support to build educator capacity, and advocate for professional learning by sharing the importance and evidence of impact of professional learning.	✓	✓		✓		
Resources	Educators allocate resources for professional learning, prioritize equity in their resource decisions, and monitor the use and impact of resource investments.	✓	✓			✓	



Module 2: Managing Stress

Learning Forward Standards for Professional Learning

Second Step® SEL for Adults

Standard		Key Capacities Developed														
		Linking feelings, values, and thoughts	Identifying one's emotions	Managing one's emotions	Identifying and using stress-management strategies	Taking others' perspectives	Demonstrating empathy and compassion	Showing concern for the feelings of others	Understanding and expressing gratitude	Communicating effectively	Resolving conflicts constructively	Seeking or offering support and help when needed	Practicing teamwork and collaborative problem-solving	Identifying solutions for personal and social problems	Anticipating and evaluating the consequences of one's actions	Reflecting on one's role to promote personal, family, and community well-being
Equity Practices	Educators understand their students' historical, cultural, and societal contexts, embrace student assets through instruction, and foster relationships with students, families, and communities.					✓	✓									✓
Curriculum, Assessment, and Instruction	Educators prioritize high-quality curriculum and instructional materials for students, assess student learning, and understand curriculum and implement through instruction.									✓						
Professional Expertise	Educators apply standards and research to their work, develop the expertise essential to their roles, and prioritize coherence and alignment in their learning.															
Equity Drivers	Educators prioritize equity in professional learning practices, identify and address their own biases and beliefs, and collaborate with diverse colleagues.					✓	✓			✓		✓				
Evidence	Educators create expectations and build capacity for use of evidence, leverage evidence, data, and research from multiple sources to plan educator learning, and measure and report the impact of professional learning.									✓				✓		
Learning Designs	Educators set relevant and contextualized learning goals, ground their work in research and theories about learning, and implement evidence-based learning designs.															

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Implementation	Educators understand and apply research on change management, engage in feedback processes, and implement and sustain professional learning.									✓						
Equity Foundations	Educators establish expectations for equity, create structures to ensure equitable access to learning, and sustain a culture of support for all staff.						✓			✓			✓			✓
Culture of Collaborative Inquiry	Educators engage in continuous improvement, build collaboration skills and capacity, and share responsibility for improving learning for all students.									✓		✓	✓	✓		✓
Leadership	Educators establish a compelling and inclusive vision for professional learning, sustain coherent support to build educator capacity, and advocate for professional learning by sharing the importance and evidence of impact of professional learning.											✓				✓
Resources	Educators allocate resources for professional learning, prioritize equity in their resource decisions, and monitor the use and impact of resource investments.												✓			

Module 3: Equity & Belonging

Learning Forward Standards for Professional Learning

Second Step® SEL for Adults

Standard		Key Capacities Developed																
		Examining prejudices and biases	Identifying personal, cultural, and linguistic assets	Showing the courage to take initiative	Taking others' perspectives	Recognizing strengths in others	Showing concern for the feelings of others	Identifying diverse social norms, including unjust ones	Understanding the influences of organizations and systems on behavior	Communicating effectively	Developing positive relationships	Demonstrating cultural competency	Standing up for the rights of others	Practicing teamwork and collaborative problem-solving	Demonstrating curiosity and open-mindedness	Identifying solutions for personal and social problems	Anticipating and evaluating the consequences of one's actions	Evaluating personal, interpersonal, community, and institutional impacts
Equity Practices	Educators understand their students' historical, cultural, and societal contexts, embrace student assets through instruction, and foster relationships with students, families, and communities.	✓	✓	✓	✓	✓		✓	✓		✓	✓						✓
Curriculum, Assessment, and Instruction	Educators prioritize high-quality curriculum and instructional materials for students, assess student learning, and understand curriculum and implement through instruction.			✓					✓									
Professional Expertise	Educators apply standards and research to their work, develop the expertise essential to their roles, and prioritize coherence and alignment in their learning.			✓														
Equity Drivers	Educators prioritize equity in professional learning practices, identify and address their own biases and beliefs, and collaborate with diverse colleagues.	✓		✓	✓	✓			✓	✓	✓		✓	✓				
Evidence	Educators create expectations and build capacity for use of evidence, leverage evidence, data, and research from multiple sources to plan educator learning, and measure and report the impact of professional learning.			✓				✓	✓									✓
Learning Designs	Educators set relevant and contextualized learning goals, ground their work in research and theories about learning, and implement evidence-based learning designs.			✓														✓

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Implementation	Educators understand and apply research on change management, engage in feedback processes, and implement and sustain professional learning.			✓				✓	✓					✓			
Equity Foundations	Educators establish expectations for equity, create structures to ensure equitable access to learning, and sustain a culture of support for all staff.			✓				✓	✓	✓							✓
Culture of Collaborative Inquiry	Educators engage in continuous improvement, build collaboration skills and capacity, and share responsibility for improving learning for all students.			✓					✓	✓		✓	✓	✓			✓
Leadership	Educators establish a compelling and inclusive vision for professional learning, sustain coherent support to build educator capacity, and advocate for professional learning by sharing the importance and evidence of impact of professional learning.			✓		✓		✓									✓
Resources	Educators allocate resources for professional learning, prioritize equity in their resource decisions, and monitor the use and impact of resource investments.			✓													✓

Module 4: Resilience & Efficacy

Learning Forward Standards for Professional Learning

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Standard		Key Capacities Developed												
		Experiencing self-efficacy	Having a growth mindset	Setting personal and collective goals	Using planning and organizational skills	Showing the courage to take initiative	Demonstrating personal and collective agency	Taking others' perspectives	Recognizing strengths in others	Recognizing situational demands and opportunities	Communicating effectively	Developing positive relationships	Practicing teamwork and collaborative problem-solving	Demonstrating curiosity and open-mindedness
Equity Practices	Educators understand their students' historical, cultural, and societal contexts, embrace student assets through instruction, and foster relationships with students, families, and communities.		✓			✓	✓	✓	✓	✓		✓		
Curriculum, Assessment, and Instruction	Educators prioritize high-quality curriculum and instructional materials for students, assess student learning, and understand curriculum and implement through instruction.	✓			✓	✓	✓			✓	✓			
Professional Expertise	Educators apply standards and research to their work, develop the expertise essential to their roles, and prioritize coherence and alignment in their learning.	✓	✓			✓	✓			✓				
Equity Drivers	Educators prioritize equity in professional learning practices, identify and address their own biases and beliefs, and collaborate with diverse colleagues.					✓	✓	✓		✓	✓	✓	✓	✓
Evidence	Educators create expectations and build capacity for use of evidence, leverage evidence, data, and research from multiple sources to plan educator learning, and measure and report the impact of professional learning.	✓	✓	✓	✓	✓	✓			✓				
Learning Designs	Educators set relevant and contextualized learning goals, ground their work in research and theories about learning, and implement evidence-based learning designs.	✓	✓	✓	✓	✓	✓			✓				

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Standard		Key Capacities Developed												
		Experiencing self-efficacy	Having a growth mindset	Setting personal and collective goals	Using planning and organizational skills	Showing the courage to take initiative	Demonstrating personal and collective agency	Taking others' perspectives	Recognizing strengths in others	Recognizing situational demands and opportunities	Communicating effectively	Developing positive relationships	Practicing teamwork and collaborative problem-solving	Demonstrating curiosity and open-mindedness
Implementation	Educators understand and apply research on change management, engage in feedback processes, and implement and sustain professional learning.	✓	✓		✓	✓	✓			✓	✓			✓
Equity Foundations	Educators establish expectations for equity, create structures to ensure equitable access to learning, and sustain a culture of support for all staff.				✓	✓	✓			✓	✓	✓		
Culture of Collaborative Inquiry	Educators engage in continuous improvement, build collaboration skills and capacity, and share responsibility for improving learning for all students.	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	
Leadership	Educators establish a compelling and inclusive vision for professional learning, sustain coherent support to build educator capacity, and advocate for professional learning by sharing the importance and evidence of impact of professional learning.	✓	✓	✓		✓	✓		✓	✓				
Resources	Educators allocate resources for professional learning, prioritize equity in their resource decisions, and monitor the use and impact of resource investments.	✓				✓	✓			✓				