



ALIGNMENT CHART

Interstate Teacher Assessment and Support Consortium (InTASC) Model Core Teaching Standards and Learning Progressions

■ Second Step® SEL for Adults

About Second Step® SEL for Adults

Second Step SEL for Adults is a research-based, stand-alone SEL program designed to help K-12 leadership and staff strengthen their social-emotional skills. The modules in Second Step SEL for Adults prioritize educator well-being and help build a positive and supportive school climate.

How the Program Meets the InTASC Model Core Teaching Standards and Learning Progressions

The following tables indicate which specific Second Step SEL for Adults modules and related materials can help K-12 leadership and staff develop the knowledge, skills, and attitudes needed to meet the InTASC Model Core Teaching Standards and Learning Progressions.

Boxes are checked to indicate that the Second Step SEL for Adults program meets a given professional standard within the identified module when K-12 leadership and staff have clear opportunities to actively process the knowledge or practice the skills described in the topic through discussion, writing, or other related activities.



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COMMITTEE FOR CHILDREN



Module 1: Building Trust

Interstate Teacher Assessment and Support Consortium (InTASC) Model Core Teaching Standards and Learning Progressions

Second Step[®] SEL for Adults

Standard		Key Capacities Developed					
		Demonstrating honesty and integrity	Showing the courage to take initiative	Taking others' perspectives	Recognizing strengths in others	Demonstrating empathy and compassion	Showing concern for the feelings of others
Learner Development	1. The teacher understands how learners grow and develop, recognizing that patterns of learning and development vary individually within and across the cognitive, linguistic, social, emotional, and physical areas, and designs and implements developmentally appropriate and challenging learning experiences.	✓	✓		✓	✓	
Learning Differences	2. The teacher uses understanding of individual differences and diverse cultures and communities to ensure inclusive learning environments that enable each learner to meet high standards.	✓	✓	✓	✓	✓	
Learning Environments	3. The teacher works with others to create environments that support individual and collaborative learning and that encourage positive social interaction, active engagement in learning, and self motivation.	✓	✓	✓	✓	✓	✓
Content Knowledge	4. The teacher understands the central concepts, tools of inquiry, and structures of the discipline(s) he or she teaches and creates learning experiences that make these aspects of the discipline accessible and meaningful for learners to assure mastery of the content.		✓	✓			
Application of Content	5. The teacher understands how to connect concepts and use differing perspectives to engage learners in critical thinking, creativity, and collaborative problem-solving related to authentic local and global issues.		✓	✓			





Module 1: Building Trust

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Standard		Key Capacities Developed					
		Demonstrating honesty and integrity	Showing the courage to take initiative	Taking others' perspectives	Recognizing strengths in others	Demonstrating empathy and compassion	Showing concern for the feelings of others
Assessment	6. The teacher understands and uses multiple methods of assessment to engage learners in their own growth, to monitor learner progress, and to guide the teacher's and learner's decision-making.	✓	✓		✓	✓	
Planning for Instruction	7. The teacher plans instruction that supports every student in meeting rigorous learning goals by drawing upon knowledge of content areas, curriculum, cross-disciplinary skills, and pedagogy, as well as knowledge of learners and the community context.	✓	✓		✓	✓	
Instructional Strategies	8. The teacher understands and uses a variety of instructional strategies to encourage learners to develop deep understanding of content areas and their connections, and to build skills to apply knowledge in meaningful ways.	✓	✓		✓	✓	
Professional Learning and Ethical Practice	9. The teacher engages in ongoing professional learning and uses evidence to continually evaluate his/her practice, particularly the effects of his/her choices and actions on others (learners, families, other professionals, and the community), and adapts his/her practice to meet the needs of each learner.	✓	✓	✓	✓	✓	
Leadership and Collaboration	10. The teacher seeks appropriate leadership roles and opportunities to take responsibility for student learning, to collaborate with learners, families, colleagues, other school professionals, and community members to ensure learner growth, and to advance the profession.	✓	✓	✓		✓	



Module 2: Managing Stress

Interstate Teacher Assessment and Support Consortium (InTASC) Model Core Teaching Standards and Learning Progressions

Second Step® SEL for Adults

Standard		Key Capacities Developed														
		Linking feelings, values, and thoughts	Identifying one's emotions	Managing one's emotions	Identifying and using stress-management strategies	Taking others' perspectives	Demonstrating empathy and compassion	Showing concern for the feelings of others	Understanding and expressing gratitude	Communicating effectively	Resolving conflicts constructively	Seeking or offering support and help when needed	Practicing teamwork and collaborative problem-solving	Identifying solutions for personal and social problems	Anticipating and evaluating the consequences of one's actions	Reflecting on one's role to promote personal, family, and community well-being
Learner Development	1. The teacher understands how learners grow and develop, recognizing that patterns of learning and development vary individually within and across the cognitive, linguistic, social, emotional, and physical areas, and designs and implements developmentally appropriate and challenging learning experiences.						✓					✓	✓			✓
Learning Differences	2. The teacher uses understanding of individual differences and diverse cultures and communities to ensure inclusive learning environments that enable each learner to meet high standards.					✓	✓								✓	✓
Learning Environments	3. The teacher works with others to create environments that support individual and collaborative learning and that encourage positive social interaction, active engagement in learning, and self motivation.					✓	✓	✓			✓				✓	
Content Knowledge	4. The teacher understands the central concepts, tools of inquiry, and structures of the discipline(s) he or she teaches and creates learning experiences that make these aspects of the discipline accessible and meaningful for learners to assure mastery of the content.					✓						✓				
Application of Content	5. The teacher understands how to connect concepts and use differing perspectives to engage learners in critical thinking, creativity, and collaborative problem-solving related to authentic local and global issues.					✓						✓	✓	✓		✓

Module 2: Managing Stress

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		Key Capacities Developed														
		Linking feelings, values, and thoughts	Identifying one's emotions	Managing one's emotions	Identifying and using stress-management strategies	Taking others' perspectives	Demonstrating empathy and compassion	Showing concern for the feelings of others	Understanding and expressing gratitude	Communicating effectively	Resolving conflicts constructively	Seeking or offering support and help when needed	Practicing teamwork and collaborative problem-solving	Identifying solutions for personal and social problems	Anticipating and evaluating the consequences of one's actions	Reflecting on one's role to promote personal, family, and community well-being
Standard	Assessment						✓			✓		✓	✓		✓	
	Planning for Instruction						✓					✓	✓		✓	✓
Instructional Strategies	Instructional Strategies						✓			✓		✓	✓		✓	✓
	Professional Learning and Ethical Practice					✓	✓					✓	✓	✓	✓	✓
Leadership and Collaboration	Leadership and Collaboration					✓	✓			✓		✓	✓	✓	✓	✓
	6. The teacher understands and uses multiple methods of assessment to engage learners in their own growth, to monitor learner progress, and to guide the teacher's and learner's decision-making.						✓			✓		✓	✓		✓	
	7. The teacher plans instruction that supports every student in meeting rigorous learning goals by drawing upon knowledge of content areas, curriculum, cross-disciplinary skills, and pedagogy, as well as knowledge of learners and the community context.						✓					✓	✓		✓	✓
	8. The teacher understands and uses a variety of instructional strategies to encourage learners to develop deep understanding of content areas and their connections, and to build skills to apply knowledge in meaningful ways.						✓			✓		✓	✓		✓	✓
	9. The teacher engages in ongoing professional learning and uses evidence to continually evaluate his/her practice, particularly the effects of his/her choices and actions on others (learners, families, other professionals, and the community), and adapts his/her practice to meet the needs of each learner.					✓	✓					✓	✓	✓	✓	✓
	10. The teacher seeks appropriate leadership roles and opportunities to take responsibility for student learning, to collaborate with learners, families, colleagues, other school professionals, and community members to ensure learner growth, and to advance the profession.					✓	✓			✓		✓	✓	✓	✓	✓

Module 3: Equity & Belonging

Interstate Teacher Assessment and Support Consortium (InTASC) Model Core Teaching Standards and Learning Progressions

Second Step® SEL for Adults

		Key Capacities Developed																
Standard		Examining prejudices and biases	Identifying personal, cultural, and linguistic assets	Showing the courage to take initiative	Taking others' perspectives	Recognizing strengths in others	Showing concern for the feelings of others	Identifying diverse social norms, including unjust ones	Understanding the influences of organizations and systems on behavior	Communicating effectively	Developing positive relationships	Demonstrating cultural competency	Standing up for the rights of others	Practicing teamwork and collaborative problem-solving	Demonstrating curiosity and open-mindedness	Identifying solutions for personal and social problems	Anticipating and evaluating the consequences of one's actions	Evaluating personal, interpersonal, community, and institutional impacts
Learner Development	1. The teacher understands how learners grow and develop, recognizing that patterns of learning and development vary individually within and across the cognitive, linguistic, social, emotional, and physical areas, and designs and implements developmentally appropriate and challenging learning experiences.		✓	✓	✓	✓	✓		✓		✓	✓		✓	✓			✓
Learning Differences	2. The teacher uses understanding of individual differences and diverse cultures and communities to ensure inclusive learning environments that enable each learner to meet high standards.	✓	✓	✓	✓	✓	✓	✓	✓			✓		✓		✓	✓	✓
Learning Environments	3. The teacher works with others to create environments that support individual and collaborative learning and that encourage positive social interaction, active engagement in learning, and self motivation.			✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
Content Knowledge	4. The teacher understands the central concepts, tools of inquiry, and structures of the discipline(s) he or she teaches and creates learning experiences that make these aspects of the discipline accessible and meaningful for learners to assure mastery of the content.	✓	✓	✓	✓					✓		✓			✓			
Application of Content	5. The teacher understands how to connect concepts and use differing perspectives to engage learners in critical thinking, creativity, and collaborative problem-solving related to authentic local and global issues.			✓	✓					✓				✓		✓		✓

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Standard		Examining prejudices and biases	Identifying personal, cultural, and linguistic assets	Showing the courage to take initiative	Taking others' perspectives	Recognizing strengths in others	Showing concern for the feelings of others	Identifying diverse social norms, including unjust ones	Understanding the influences of organizations and systems on behavior	Communicating effectively	Developing positive relationships	Demonstrating cultural competency	Standing up for the rights of others	Practicing teamwork and collaborative problem-solving	Demonstrating curiosity and open-mindedness	Identifying solutions for personal and social problems	Anticipating and evaluating the consequences of one's actions	Evaluating personal, interpersonal, community, and institutional impacts
Assessment	6. The teacher understands and uses multiple methods of assessment to engage learners in their own growth, to monitor learner progress, and to guide the teacher's and learner's decision-making.	✓	✓	✓		✓			✓	✓		✓		✓			✓	✓
Planning for Instruction	7. The teacher plans instruction that supports every student in meeting rigorous learning goals by drawing upon knowledge of content areas, curriculum, cross-disciplinary skills, and pedagogy, as well as knowledge of learners and the community context.	✓	✓	✓		✓			✓		✓	✓	✓	✓		✓	✓	✓
Instructional Strategies	8. The teacher understands and uses a variety of instructional strategies to encourage learners to develop deep understanding of content areas and their connections, and to build skills to apply knowledge in meaningful ways.		✓	✓		✓				✓	✓	✓		✓	✓		✓	✓
Professional Learning and Ethical Practice	9. The teacher engages in ongoing professional learning and uses evidence to continually evaluate his/her practice, particularly the effects of his/her choices and actions on others (learners, families, other professionals, and the community), and adapts his/her practice to meet the needs of each learner.	✓	✓	✓	✓	✓		✓	✓		✓	✓		✓	✓	✓	✓	✓
Leadership and Collaboration	10. The teacher seeks appropriate leadership roles and opportunities to take responsibility for student learning, to collaborate with learners, families, colleagues, other school professionals, and community members to ensure learner growth, and to advance the profession.		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Module 4: Resilience & Efficacy

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		Key Capacities Developed												
		Experiencing self-efficacy	Having a growth mindset	Setting personal and collective goals	Using planning and organizational skills	Showing the courage to take initiative	Demonstrating personal and collective agency	Taking others' perspectives	Recognizing strengths in others	Recognizing situational demands and opportunities	Communicating effectively	Developing positive relationships	Practicing teamwork and collaborative problem-solving	Demonstrating curiosity and open-mindedness
Standard														
Learner Development	1. The teacher understands how learners grow and develop, recognizing that patterns of learning and development vary individually within and across the cognitive, linguistic, social, emotional, and physical areas, and designs and implements developmentally appropriate and challenging learning experiences.	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	
Learning Differences	2. The teacher uses understanding of individual differences and diverse cultures and communities to ensure inclusive learning environments that enable each learner to meet high standards.	✓	✓	✓	✓	✓	✓	✓	✓	✓				✓
Learning Environments	3. The teacher works with others to create environments that support individual and collaborative learning and that encourage positive social interaction, active engagement in learning, and self motivation.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Content Knowledge	4. The teacher understands the central concepts, tools of inquiry, and structures of the discipline(s) he or she teaches and creates learning experiences that make these aspects of the discipline accessible and meaningful for learners to assure mastery of the content.				✓	✓	✓	✓		✓	✓		✓	
Application of Content	5. The teacher understands how to connect concepts and use differing perspectives to engage learners in critical thinking, creativity, and collaborative problem-solving related to authentic local and global issues.	✓			✓	✓	✓	✓		✓	✓	✓		✓

Module 4: Resilience & Efficacy

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		Key Capacities Developed													
Standard		Experiencing self-efficacy	Having a growth mindset	Setting personal and collective goals	Using planning and organizational skills	Showing the courage to take initiative	Demonstrating personal and collective agency	Taking others' perspectives	Recognizing strengths in others	Recognizing situational demands and opportunities	Communicating effectively	Developing positive relationships	Practicing teamwork and collaborative problem-solving	Demonstrating curiosity and open-mindedness	Identifying solutions for personal and social problems
Assessment	6. The teacher understands and uses multiple methods of assessment to engage learners in their own growth, to monitor learner progress, and to guide the teacher's and learner's decision-making.	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓		
Planning for Instruction	7. The teacher plans instruction that supports every student in meeting rigorous learning goals by drawing upon knowledge of content areas, curriculum, cross-disciplinary skills, and pedagogy, as well as knowledge of learners and the community context.	✓	✓	✓	✓	✓	✓		✓	✓			✓		
Instructional Strategies	8. The teacher understands and uses a variety of instructional strategies to encourage learners to develop deep understanding of content areas and their connections, and to build skills to apply knowledge in meaningful ways.	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	
Professional Learning and Ethical Practice	9. The teacher engages in ongoing professional learning and uses evidence to continually evaluate his/her practice, particularly the effects of his/her choices and actions on others (learners, families, other professionals, and the community), and adapts his/her practice to meet the needs of each learner.	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓
Leadership and Collaboration	10. The teacher seeks appropriate leadership roles and opportunities to take responsibility for student learning, to collaborate with learners, families, colleagues, other school professionals, and community members to ensure learner growth, and to advance the profession.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓