ALIGNMENT CHART
WEIKART CENTER SOCIAL-EMOTIONAL LEARNING
PROGRAM QUALITY ASSESSMENT (SEL PQA)

Second Step® Out-of-School Time

The David P. Weikart Center for Youth Program Quality's Social-Emotional Learning Program Quality Assessment (SEL PQA) defines high-quality staff practices that foster social-emotional development in programs for young people, whether those programs implement a particular social-emotional learning (SEL) curriculum like Second Step® Out-of-School Time or other forms of enrichment. The SEL PQA focuses on how program activities (or curricula) are delivered.

Many of the scales and practices in the SEL PQA align to key types of strategies identified in Second Step Out-of-School Time: teaching, emotion and behavior management, and relationship-building. The Weikart Center also has professional development trainings that align with the SEL PQA scales and with Second Step Out-of-School Time units. These are called Methods trainings and are listed in the following table, next to related SEL PQA scales.

What Is the Weikart Center?

The Weikart Center helps communities and networks build quality improvement systems that ensure out-of-school time (OST) programs are places where children and youth thrive. Using an approach grounded in research and practice, the Weikart Center supports OST networks and youth programs to create safe, supportive, and productive learning environments for young people. Visit forumfyi.org/work/the-weikart-center to explore the organization's full offerings.

What Is Second Step® Out-of-School Time?

Second Step Out-of-School Time is a research-based SEL program for Kindergarten through Grade 5 that's built on the foundation of our trusted classroom-based curriculum. Its activities use play, game mechanics, and voice and choice to bring explicit SEL to OST programs. With program training and embedded staff supports, Second Step Out-of-School Time empowers adults and youth to practice social-emotional skills in any OST environment.

Alignment of Second Step® Out-of-School Time with the Weikart Center Social-Emotional Learning Program Quality Assessment (SEL PQA)

Weikart SEL PQA Scale	Related Weikart Methods Trainings SEL: Social and Emotional Learning Series YW: Youth Work Methods Series	Second Step® Out-of-School Time			
		Community Building	Growth Mindset & Goal-Setting	Emotion Management	Empathy & Kindness
Creating Safe Spaces Particularly emphasized in Community Building unit	YW: Building Community YW: Structure and Clear Limits SEL: Cultivating Empathy	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5
Emotion Coaching Particularly emphasized in Emotion Management unit	SEL: Emotion Coaching YW: Reframing Conflict	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5
Scaffolding Learning	YW: Introduction to the Active Participatory Approach YW: Active Learning SEL: Engaging Youth in Supported Struggle SEL: Facilitating Problem Solving	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5
Fostering Growth Mindset Particularly emphasized in Growth Mindset & Goal-Setting unit	SEL: Engaging Youth in Supported Struggle YW: Ask-Listen-Encourage	2–3	K–1, 2–3, 4–5		
Fostering Teamwork	SEL: Fostering Teamwork YW: Cooperative Learning	K–1, 2–3, 4–5	K–1, 2–3, 4–5	4–5	2–3, 4–5
Promoting Responsibility and Leadership	SEL: Promoting Responsibility and Leadership	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5
Cultivating Empathy Particularly emphasized in Empathy & Kindness unit	SEL: Cultivating Empathy YW: Building Community	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3	K–1, 2–3, 4–5
Furthering Learning	YW: Ask-Listen-Encourage SEL: Facilitating Problem Solving	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5
Supporting Youth Interests	YW: Youth Voice	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5	K–1, 2–3, 4–5
Supporting Plans and Goals Particularly emphasized in Growth Mindset & Goal-Setting unit	SEL: Facilitating Problem Solving YW: Planning and Reflection	4–5	K–1, 2–3, 4–5	2–3, 4–5	2–3, 4–5