

# West Virginia Social-Emotional Learning Standards Alignment with Second Step SEL for Early Learning



West Virginia Social-Emotional Learning Standards	Second Step Key Concepts																												
	SKILLS FOR LEARNING							EMPATHY					EMOTION MANAGEMENT					PROBLEM SOLVING			FRIENDSHIP SKILLS				EXECUTIVE-FUNCTION SKILLS				
	Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify and Understand Their Own and Others' Feelings	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	Express Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Strong Feelings Down	Use the Calming-Down Steps	Communication/Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	Play Fairly	Invite Others to Play	Ask to Join in Play	Choose to Have Fun Over Getting Their Way	Flexible Attention	Working Memory	Inhibitory Control	
<b>Early Learning</b>																													
PK-1.1.01. Recognize and accurately label emotions and how they are linked to behavior								X	X						X	X	X	X	X	X									
PK-1.1.02. Demonstrate control of impulsive behavior								X	X						X	X	X	X	X	X	X								X
PK-1.1.03. Identify likes and dislikes, needs and wants, strengths and challenges	X							X	X						X	X						X							
PK-1.1.04. Identify goals for academic success and classroom behavior				X																X	X	X							
PK-1.2.01. Recognize and accept individual differences in others										X	X	X	X									X	X	X	X				
PK-1.2.02. Recognize that others may experience situations differently from oneself		X						X		X	X	X	X																
PK-1.2.03. Use listening skills to identify the feelings and perspectives of others.	X	X						X	X	X	X	X											X						

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	Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify and Understand Their Own and Others' Feelings	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	Express Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Strong Feelings Down	Use the Calming-Down Steps	Communication/Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	Play Fairly	Invite Others to Play	Ask to Join in Play	Choose to Have Fun Over Getting Their Way	Flexible Attention	Working Memory	Inhibitory Control
PK-1.2.04. Describe positive qualities in others	X							X	X			X	X															
PK-1.2.05. Identify ways to work and play well with others	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
PK-1.2.06. Demonstrate appropriate social classroom behavior	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
PK-1.2.07. Identify problems and conflicts commonly experienced by peers										X	X	X								X		X						
PK-1.2.08. Identify approaches to resolving conflicts constructively	X	X		X						X	X	X	X		X	X	X				X							X
PK-1.3.01. Explain why acts that hurt others are wrong										X		X																
PK-1.3.02. Identify social norms and safety considerations that guide behavior	X	X		X	X	X	X												X	X	X	X	X	X	X	X	X	X
PK-1.3.03. Identify a range of decisions that students make at school				X																X	X	X	X	X	X			
PK-1.3.04. Identify the positive and negative consequences that link to various decisions				X																X	X	X	X	X				



# West Virginia Social-Emotional Learning Standards Alignment with Second Step SEL for Kindergarten to Grade 3



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	SKILLS FOR LEARNING						EMPATHY						EMOTION MANAGEMENT					PROBLEM SOLVING					EXECUTIVE-FUNCTION SKILLS				
	Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify and Understand Their Own and Others' Feelings	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	Express Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Strong Feelings Down	Use the Ways to Calm Down	Communication/Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	Explore Consequences of Solutions to Pick the Best Solution to a Problem	Friendship Skills	Flexible Attention	Working Memory	Inhibitory Control	
<b>Kindergarten-Grade 1</b>																											
PK-1.1.01. Recognize and accurately label emotions and how they are linked to behavior							X	X					X	X	X	X	X	X	X					X			
PK-1.1.02. Demonstrate control of impulsive behavior							X	X					X	X	X	X	X	X	X	X	X			X			X
PK-1.1.03. Identify likes and dislikes, needs and wants, strengths and challenges	X						X	X					X	X													
PK-1.1.04. Identify goals for academic success and classroom behavior				X															X	X	X						
PK-1.2.01. Recognize and accept individual differences in others									X	X	X	X															
PK-1.2.02. Recognize that others may experience situations differently from oneself		X					X		X	X	X	X												X			



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	SKILLS FOR LEARNING							EMPATHY						EMOTION MANAGEMENT					PROBLEM SOLVING						EXECUTIVE-FUNCTION SKILLS		
	Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify and Understand Their Own and Others' Feelings	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	Express Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Strong Feelings Down	Use the Ways to Calm Down	Communication/Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	Explore Consequences of Solutions to Pick the Best Solution to a Problem	Friendship Skills	Flexible Attention	Working Memory	Inhibitory Control	
PK-1.3.03. Identify a range of decisions that students make at school				X																X	X	X					
PK-1.3.04. Identify the positive and negative consequences that link to various decisions				X																X	X	X					
PK-1.3.05. Make positive choices when interacting with classmates	X	X	X	X				X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		X		
PK-1.3.06. Identify and perform roles that contribute to one's classroom	X	X		X	X	X																	X				
<b>Grades 2-3</b>																											
2-4.1.01. Describe a range of emotions and the situations that cause them								X	X					X	X								X				
2-4.1.02. Describe and demonstrate ways to express emotions in a socially acceptable manner			X	X										X	X	X	X	X	X				X		X		
2-4.1.03. Describe personal skills and interests that one wants to develop																											
2-4.1.04. Describe the steps in setting and working toward goal achievement	X	X	X		X	X	X													X	X	X	X				

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	Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify and Understand Their Own and Others' Feelings	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	Express Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Strong Feelings Down	Use the Ways to Calm Down	Communication/Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	Explore Consequences of Solutions to Pick the Best Solution to a Problem	Friendship Skills	Flexible Attention	Working Memory	Inhibitory Control
2-4.1.05. Describe and demonstrate ways that healthy habits contribute to goal achievement																										
2-4.2.01. Identify verbal, physical, and situational cues that indicate how others may feel and describe the expressed feelings and perspectives of others	X	X					X	X	X	X	X							X								
2-4.2.02. Identify differences among and contributions of various social and cultural groups									X		X															
2-4.2.03. Demonstrate how to work effectively with those who are different from oneself	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X			
2-4.2.04. Describe approaches for making and keeping friends	X	X		X																			X			
2-4.2.05. Analyze ways to work effectively in groups	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2-4.2.06. Describe causes and consequences of conflicts and apply constructive approaches to resolve conflicts							X	X	X		X								X	X	X	X	X			
2-4.3.01. Demonstrate the ability to respect the rights of self and others									X	X	X												X			







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	EMPATHY AND SKILLS FOR LEARNING							EMOTION MANAGEMENT							PROBLEM SOLVING					
	Identify and Understand Their Own and Others' Feelings	Take Others' Perspectives	Listen with Attention	Assertiveness Skills	Friendship Skills	Empathy Skills	Express Compassion	Recognize How Strong Feelings Affect Brain and Body	Focus Attention	Calm Strong Feelings Down Using Steps	Use Calming-Down Strategies	Manage Strong Feelings	Assertive Communication Skills	Use Positive Self-Talk	Calm Down Before Solving Problems	State a Problem Using Non-Blaming Language	Think of Multiple Solutions to a Problem	Explore Consequences of Solutions to Problems	Pick the Best Solution to a Problem	Make a Plan
2-4.2.03. Demonstrate how to work effectively with those who are different from oneself	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2-4.2.04. Describe approaches for making and keeping friends			X	X	X			X					X							
2-4.2.05. Analyze ways to work effectively in groups	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2-4.2.06. Describe causes and consequences of conflicts and apply constructive approaches to resolve conflicts	X	X			X	X									X	X	X	X	X	X
2-4.3.01. Demonstrate the ability to respect the rights of self and others		X			X	X														
2-4.3.02. Demonstrate knowledge of how social norms affect decision making and behavior			X	X	X			X					X		X	X	X	X	X	X
2-4.3.03. Identify and apply the steps of systematic decision making															X	X	X	X	X	X
2-4.3.04. Generate alternative solutions and evaluate their consequences for a range of academic and social situations					X											X	X	X	X	X





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	EMPATHY AND SKILLS FOR LEARNING							EMOTION MANAGEMENT							PROBLEM SOLVING						
	Identify and Understand Their Own and Others' Feelings	Take Others' Perspectives	Listen with Attention	Assertiveness Skills	Friendship Skills	Empathy Skills	Express Compassion	Recognize How Strong Feelings Affect Brain and Body	Focus Attention	Calm Strong Feelings Down Using Steps	Use Calming-Down Strategies	Manage Strong Feelings	Assertive Communication Skills	Use Positive Self-Talk	Calm Down Before Solving Problems	State a Problem Using Non-Blaming Language	Think of Multiple Solutions to a Problem	Explore Consequences of Solutions to Problems	Pick the Best Solution to a Problem	Make a Plan	Apply Problem-Solving Steps to Age-Typical Problems
5-8.2.04. Analyze ways to establish positive relationships with others	X	X	X	X	X	X	X	X					X	X	X	X	X	X	X	X	
5-8.2.05. Demonstrate cooperation and teamwork to promote group effectiveness	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
5-8.2.06. Evaluate strategies for preventing and resolving interpersonal problems	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
5-8.2.07. Define unhealthy peer pressure and evaluate strategies for resisting it				X								X			X	X	X	X	X	X	X
5-8.3.01. Evaluate how honesty, respect, fairness, and compassion enable one to take the needs of others into account when making decisions	X	X	X	X	X	X	X								X	X	X	X	X	X	X
5-8.3.02. Analyze the reasons for school and societal rules			X	X				X									X	X			
5-8.3.03. Analyze how decision-making skills improve study habits and academic performance																X	X	X	X	X	X
5-8.3.04. Evaluate strategies for resisting pressures to engage in unsafe or unethical activities				X								X			X	X	X	X	X	X	X



# West Virginia Social-Emotional Learning Standards Alignment with Second Step SEL for Grades 6 to 8



West Virginia Social-Emotional Learning Standards	Second Step Key Concepts														
	Growth Mindset: Your Brain Can Grow and Change	Setting and Achieving Goals	Planning Ahead for Difficult Situations	Identifying Personal Values	Using Personal Values to Make Good Decisions	Making Friends and Strengthening Friendships	Recognizing Negative Relationships	The Role of Emotions	Handling Unhelpful Thoughts and	Calming-Down Strategies	Recognizing Different Perspectives	Recognizing and Avoiding Serious Conflicts	Resolving Serious Conflicts	Repairing Relationships	Helping Prevent Bullying and Harassment
<b>Grades 6–8</b>															
5-8.1.01. Analyze factors that create stress or motivate successful performance	X	X	X					X	X	X		X	X	X	
5-8.1.02. Apply strategies to manage stress and to motivate successful performance		X	X	X	X			X	X	X		X	X	X	
5-8.1.03. Analyze how personal qualities influence choices and successes	X	X	X	X	X	X	X	X	X	X		X	X	X	X

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	Growth Mindset: Your Brain Can Grow and Change	Setting and Achieving Goals	Planning Ahead for Difficult Situations	Identifying Personal Values	Using Personal Values to Make Good Decisions	Making Friends and Strengthening Friendships	Recognizing Negative Relationships	The Role of Emotions	Handling Unhelpful Thoughts and	Calming-Down Strategies	Recognizing Different Perspectives	Recognizing and Avoiding Serious Conflicts	Resolving Serious Conflicts	Repairing Relationships	Helping Prevent Bullying and Harassment
5-8.1.04. Set a short-term goal and make a plan for achieving it	X	X	X		X	X	X		X	X		X	X	X	X
5-8.1.05. Analyze why one achieved or did not achieve a goal	X	X	X		X	X			X	X		X	X	X	
5-8.2.01. Predict others' feelings and perspectives in a variety of situations			X		X	X	X					X	X	X	X
5-8.2.02. Analyze how one's behavior may affect others		X	X		X	X	X					X	X	X	X





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	Growth Mindset: Your Brain Can Grow and Change	Setting and Achieving Goals	Planning Ahead for Difficult Situations	Identifying Personal Values	Using Personal Values to Make Good Decisions	Making Friends and Strengthening and Strengthening Friendships	Recognizing Negative Relationships	The Role of Emotions	Handling Unhelpful Thoughts and	Calming-Down Strategies	Recognizing Different Perspectives	Recognizing and Avoiding Serious Conflicts	Resolving Serious Conflicts	Repairing Relationships	Helping Prevent Bullying and Harassment
5-8.2.07. Define unhealthy peer pressure and evaluate strategies for resisting it			X	X	X	X	X	X	X	X	X	X	X		X
5-8.3.01. Evaluate how honesty, respect, fairness, and compassion enable one to take the needs of others into account when making decisions			X	X	X	X					X	X	X	X	X
5-8.3.02. Analyze the reasons for school and societal rules		X													X
5-8.3.03. Analyze how decision-making skills improve study habits and academic performance	X	X						X	X	X					
5-8.3.04. Evaluate strategies for resisting pressures to engage in unsafe or unethical activities			X	X	X	X	X	X	X	X		X	X		X

