Second Step®

ALIGNMENT CHART

ASCA Student Standards: Mindsets and Behaviors for Student Success

- **Second Step® Early Learning**
- **Second Step® Elementary Digital Program**
- **Second Step® Middle School Digital Program**

This alignment chart illustrates how Second Step® programs and the ASCA Student Standards: Mindsets and Behaviors for Student Success complement and support each other across key social-emotional concepts.

The Importance of Social-Emotional Learning

Social-emotional learning (SEL) is recognized as a key ingredient for school and life success. In a 2011 meta-analysis of 213 school-based SEL programs, researchers found that students in an SEL intervention demonstrated significantly improved social and emotional skills, attitudes, and behavior, as well as an 11-percentile-point gain in academic performance, compared to students who didn't participate in an SEL program.[1]

A related meta-analysis in 2017 showed that conduct problems, emotional distress, and drug use were much lower for students who took part in an SEL program than those who didn't, even years later.[2] Researchers found that almost four years after participating in an SEL program, students fared markedly better academically—by an average of 13

percentile points—than their peers who didn't participate in an SEL program. The meta-analysis also indicates that, regardless of race, socioeconomic background, or school location, students showed significant positive benefits one year after participating in an SEL program.

Educators across the nation acknowledge the benefits of SEL in schools and agree that teaching students social-emotional skills is a necessary and valuable component of their education.

About Second Step® Programs

Second Step Early Learning, the Second Step Elementary digital program, and the Second Step Middle School digital program are research-based, universal classroom programs designed to promote social-emotional competence to help increase students' school success and decrease problem behaviors. They help students cope with challenges, create positive relationships, and succeed both socially and academically. Skills are reviewed and expanded each year, gradually becoming more complex as students get older.

Lessons provide the tools for students to develop mindsets, knowledge, and skills to handle strong emotions, show kindness and empathy, build and strengthen friendships, make and follow through on good decisions, and solve problems with their peers.

1. Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions. *Child Development, 82*(1), 405–432. https://doi.org/10.1111/j.1467-8624.2010.01564.x

2. Taylor, R. D., Oberle, E., Durlak, J. A., & Weissberg, R. P. (2017). Promoting positive youth development through school-based social and emotional learning interventions: A meta-analysis of follow-up effects. *Child Development, 88*(4), 1156–1171. https://doi.org/10.1111/cdev.12864

General Alignment

The following table outlines general ways in which Second Step® programs help promote students' development in the three domains of the ASCA Student Standards: Mindsets and Behaviors for Student Success.

ASCA Domain	Second Step® Early Learning, Second Step® Elementary Digital Program, and Second Step® Middle School Digital Program
Academic Development	• Core program goals include promotion of skills for school readiness and academic success • Students learn social-emotional skills built on a base of executive-function skills, self-regulation, and key skills for learning • Students learn social-emotional skills foundational to success in school (setting and achieving goals, responsible decision-making, and strategies for coping with difficult emotions) • Students learn ways to develop a growth mindset, which supports academic success
Career Development	• Students learn foundational interpersonal skills central to success in the workplace (empathy, emotion management, perspective-taking, goal-setting, decision-making, conflict resolution, and problem-solving) • Students learn key communication and partner interaction skills
Social-Emotional Development	• Core program goals focus on promotion of social-emotional development • Students learn how to recognize and manage their own emotions, apply personal values to make good decisions, and plan ahead • Students explore different aspects of their self-concept and learn strategies to build confidence and a sense of agency • Students learn interpersonal skills, including developing and maintaining healthy relationships, solving problems, and resolving conflicts • Students learn interpersonal skills through whole-class, small-group, and partner discussions and activities • The Second Step® Child Protection Unit (Early Learning–Grade 5) and Second Step® Bullying Prevention Unit (Kindergarten–Grade 5) build foundational social-emotional skills while focusing on specific goals

Specific Alignment

The following table outlines specific grade-level units, lessons, activities, and materials from Second Step® programs that counselors can use to help students develop the knowledge, skills, and attitudes needed to meet the 36 ASCA Student Standards: Mindsets and Behaviors for Student Success.

Second Step® Early Learning

Unit 1: Skills for Learning

Unit 2: Empathy

Unit 3: Emotion Management

Unit 4: Friendship Skills & Problem-Solving

Unit 5: Transitioning to Kindergarten

Second Step® Child Protection Unit*

Second Step® Elementary Digital Program (Kindergarten–Grade 5)

Unit 1: Growth Mindset & Goal-Setting

Unit 2: Emotion Management

Unit 3: Empathy & Kindness

Unit 4: Problem-Solving

Second Step® Bullying Prevention Unit*

Second Step Child Protection Unit*

Second Step® Middle School Digital Program (Grades 6–8)

Unit 1: Mindsets & Goals

Unit 2: Developing a Positive Sense of Self

Unit 3: Thoughts, Emotions & Decisions

Unit 4: Managing Relationships & Social Conflict

Unit sold separately

Mindsets Standards

School counselors encourage the following mindsets for all students.

ASCA Student Standards: Mindsets and Behaviors for Student Success	Second Step® Early Learning	Second Step® Elementary Digital Program			Second Step® Middle School Digital Program
	Early Learning	Kindergarten–Grade 1	Grades 2–3	Grades 4–5	Grades 6–8
M 1. Belief in development of whole self, including a healthy balance of mental, social-emotional, and physical well-being					**Mindsets & Goals Unit** **Developing a Positive Sense of Self Unit** **Managing Relationships & Social Conflict Unit** **Advisory Activities**
M 2. Sense of acceptance, respect, support, and inclusion for self and others in the school environment	**Skills for Learning Unit:** Weekly Theme 1 **Transitioning to Kindergarten Unit:** Weekly Theme 28	**Bullying Prevention Unit:** Classroom Climate-Building Tools and Games	**Bullying Prevention Unit:** Classroom Climate-Building Tools and Games	**Bullying Prevention Unit:** Classroom Climate-Building Tools and Games	**Mindsets & Goals Unit:** G6, Lessons 1a and 1b; G7, Lessons 1a and 1b; G8, Lesson 1 **Developing a Positive Sense of Self Unit** **Advisory Activities**
M 3. Positive attitude toward work and learning	**Skills for Learning Unit**	**Growth Mindset & Goal-Setting Unit:** K, Lessons 3–5; G1, Lessons 3–5	**Growth Mindset & Goal-Setting Unit:** G2, Lessons 3–5; G3, Lessons 3–5	**Growth Mindset & Goal-Setting Unit**	**Mindsets & Goals Unit** **Developing a Positive Sense of Self Unit**
M 4. Self-confidence in ability to succeed	**Brain Builders** **Skills for Learning Unit**	**Brain Builders** **Growth Mindset & Goal-Setting Unit:** K, Lessons 3–5; G1, Lessons 3–5	**Brain Builders** **Growth Mindset & Goal-Setting Unit**	**Brain Builders** **Growth Mindset & Goal-Setting Unit**	**Mindsets & Goals Unit** **Developing a Positive Sense of Self Unit**
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes	**Skills for Learning Unit:** Weekly Theme 4	**Growth Mindset & Goal-Setting Unit:** K, Lessons 3–5; G1, Lessons 3–5	**Growth Mindset & Goal-Setting Unit:** G2, Lessons 1 and 2; G3, Lessons 1 and 2	**Growth Mindset & Goal-Setting Unit**	**Mindsets & Goals Unit** **Developing a Positive Sense of Self Unit**
M 6. Understanding that postsecondary education and lifelong learning are necessary for long-term success					**Mindsets & Goals Unit:** G8, Lessons 5–7

Mindsets Standards

Behaviors Standards: Learning Strategies

School counselors provide culturally sustaining instruction, appraisal, and advisement and counseling to help all students demonstrate the following behaviors.

ASCA Student Standards: Mindsets and Behaviors for Student Success	Second Step® Early Learning	Second Step® Elementary Digital Program			Second Step® Middle School Digital Program
	Early Learning	Kindergarten–Grade 1	Grades 2–3	Grades 4–5	Grades 6–8
B-LS 1. Critical-thinking skills to make informed decisions	**Friendship Skills & Problem-Solving Unit:** Weekly Themes 23–25	**Emotion Management Unit:** K, Lessons 9 and 10; G1, Lessons 9 and 10 **Problem-Solving Unit:** K, Lessons 18 and 19; G1, Lessons 16–19	**Emotion Management Unit:** G2, Lesson 8; G3, Lesson 8 **Problem-Solving Unit:** G2, Lesson 18; G3, Lessons 17–19	**Growth Mindset & Goal-Setting Unit:** G4, Lessons 3 and 5; G5, Lessons 3 and 5 **Emotion Management Unit:** G4, Lessons 6–9; G5, Lessons 8–10 **Empathy & Kindness Unit:** G4, Lesson 11 and 14; G5, Lessons 12–15 **Problem-Solving Unit** **Bullying Prevention Unit:** Lessons 1–4	**Managing Relationships & Social Conflict Unit** **Developing a Positive Sense of Self Unit:** G6, Lessons 10–13 **Advisory Activities**
B-LS 2. Creative approach to learning, tasks, and problem-solving		**Growth Mindset & Goal-Setting Unit:** K, Lesson 4; G1, Lesson 4	**Emotion Management Unit:** G2, Lesson 8; G3, Lesson 8 **Empathy & Kindness Unit:** G2, Lessons 13 and 15; G3, Lessons 12 and 15 **Problem-Solving Unit:** G2, Lessons 17, 19, and 20; G3, Lessons 19 and 20	**Growth Mindset & Goal-Setting Unit:** G5, Lessons 3–5 **Emotion Management Unit:** G4, Lessons 8–10; G5, Lessons 8–10 **Empathy & Kindness Unit:** G4, Lessons 12, 13, and 15; G5, Lessons 12–15 **Problem-Solving Unit:** G4, Lessons 17–20; G5, Lessons 17–20	**Mindsets & Goals Unit:** G7, Lesson 7; G8, Lessons 6 and 7 **Developing a Positive Sense of Self Unit:** G6, Lessons 10–13; G7, Lesson 13; G8, Lesson 13 **Thoughts, Emotions & Decisions Unit:** G6, Lesson 19; G7, Lesson 19; G8, Lesson 19 **Managing Relationships & Social Conflict Unit:** G7, Lesson 26; G8, Lesson 26 **Advisory Activities**
B-LS 3. Time-management, organizational, and study skills				**Growth Mindset & Goal-Setting Unit** **Emotion Management Unit:** G5, Lesson 7	**Mindsets & Goals Unit:** G6, Lessons 4–7; G7, Lessons 3–7 **Developing a Positive Sense of Self Unit:** G6, Lessons 10–13; G7, Lessons 12 and 13; G8, Lessons 12 and 13
B-LS 4. Self-motivation and self-direction for learning	**Skills for Learning Unit**	**Growth Mindset & Goal-Setting Unit:** K, Lessons 3 and 5; G1, Lessons 4 and 5	**Growth Mindset & Goal-Setting Unit:** G2, Lessons 3 and 4; G3, Lessons 3–5	**Growth Mindset & Goal-Setting Unit**	**Mindsets & Goals Unit** **Developing a Positive Sense of Self Unit:** G6, Lessons 10–13; G7, Lessons 12 and 13; G8, Lessons 12 and 13
B-LS 5. Media and technology skills to enhance learning					**Advisory Activities**
B-LS 6. High-quality standards for tasks and activities					

ASCA Student Standards: Mindsets and Behaviors for Student Success	Second Step® Early Learning	Second Step® Elementary Digital Program			Second Step® Middle School Digital Program
	Early Learning	**Kindergarten–Grade 1**	**Grades 2–3**	**Grades 4–5**	**Grades 6–8**
B-LS 7. Long- and short-term academic, career, and social-emotional goals	**Emotion Management Unit**	**Emotion Management Unit** **Problem-Solving Unit:** K, Lessons 18 and 19; G1, Lessons 16–19	**Growth Mindset & Goal-Setting Unit:** G3, Lessons 3–5 **Emotion Management Unit:** G2, Lessons 6–8; G3, Lessons 7–9 **Empathy & Kindness Unit:** G3, Lessons 11–14 **Problem-Solving Unit**	**Growth Mindset & Goal-Setting Unit** **Emotion Management Unit:** G5, Lessons 8–10 **Problem-Solving Unit**	**Mindsets & Goals Unit:** G6, Lessons 4–7; G7, Lessons 4–7; G8, Lessons 4–7 **Developing a Positive Sense of Self Unit:** G6, Lessons 10–13; G7, Lessons 12 and 13; G8, Lesson 13
B-LS 8. Engagement in challenging coursework					
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives, and recognizing personal bias	**Friendship Skills & Problem-Solving Unit:** Weekly Themes 23–25	**Empathy & Kindness Unit:** K, Lessons 14 and 15; G1, Lessons 14 and 15	**Emotion Management Unit:** G2, Lesson 9 **Empathy & Kindness Unit:** G2, Lessons 13–15; G3, Lessons 13–15 **Problem-Solving Unit:** G2, Lesson 19; G3, Lessons 17–20	**Empathy & Kindness Unit** **Problem-Solving Unit**	**Developing a Positive Sense of Self Unit:** G6, Lessons 10–13 **Thoughts, Emotions & Decisions Unit** **Managing Relationships & Social Conflict Unit** **Advisory Activities**
B-LS 10. Participation in enrichment and extracurricular activities	**Curriculum Connections**			**Child Protection Unit:** Safety Card Research Project	**Developing a Positive Sense of Self Unit** **Advisory Activities**

Behaviors Standards: Learning Strategies

Behavior Standards: Self-Management Skills

School counselors provide culturally sustaining instruction, appraisal, and advisement and counseling to help all students demonstrate the following behaviors.

ASCA Student Standards: Mindsets and Behaviors for Student Success	Second Step® Early Learning	Second Step® Elementary Digital Program			Second Step® Middle School Digital Program
	Early Learning	Kindergarten–Grade 1	Grades 2–3	Grades 4–5	Grades 6–8
B-SMS 1. Responsibility for self and actions	**Empathy Unit:** Weekly Theme 11	**Empathy & Kindness Unit:** G1, Lessons 12 and 13 **Problem-Solving Unit:** K, Lesson 18; G1, Lessons 18 and 19	**Problem-Solving Unit:** G2, Lesson 19; G3, Lessons 17–20	**Emotion Management Unit** G4, Lesson 6; G5, Lessons 7–9 **Problem-Solving Unit** **Bullying Prevention Unit:** Introductory Lesson	**Developing a Positive Sense of Self Unit** **Managing Relationships & Social Conflict Unit:** G6, Lesson 25; G7, Lesson 25; G8, Lesson 25 **Advisory Activities**
B-SMS 2. Self-discipline and self-control	**Brain Builders**	**Brain Builders** **Growth Mindset & Goal-Setting Unit:** K, Lessons 1 and 2; G1, Lessons 1 and 2 **Emotion Management Unit:** K, Lesson 9; G1, Lessons 8 and 9	**Brain Builders** **Emotion Management Unit:** G2, Lesson 8; G3, Lesson 8	**Brain Builders** **Growth Mindset & Goal-Setting Unit:** G5, Lessons 1–5 **Emotion Management Unit:** G4, Lessons 6–9; G5, Lessons 8–10 **Problem-Solving Unit:** G4, Lesson 1; G5, Lesson 1	**Developing a Positive Sense of Self Unit** **Thoughts, Emotions & Decisions Unit:** G6, Lessons 17–19; G7, Lessons 14–17; G8, Lessons 16–19 **Advisory Activities**
B-SMS 3. Independent work	**Skills for Learning Unit**	**Growth Mindset & Goal-Setting Unit:** K, Lessons 3 and 4; G1, Lessons 3 and 4	**Growth Mindset & Goal-Setting Unit:** G2, Lessons 2 and 5; G3, Lessons 4 and 5	**Growth Mindset & Goal-Setting Unit:** G5, Lessons 1–5	**Advisory Activities**
B-SMS 4. Delayed gratification for long-term rewards	**Brain Builders**	**Brain Builders**	**Brain Builders**	**Brain Builders**	**Developing a Positive Sense of Self Unit:** G6, Lesson 12
B-SMS 5. Perseverance to achieve long- and short-term goals	**Emotion Management Unit:** Weekly Theme 18	**Growth Mindset & Goal-Setting Unit:** K, Lessons 3–5; G1, Lessons 3–5	**Growth Mindset & Goal-Setting Unit:** G2, Lessons 2–5; G3, Lessons 1–3	**Growth Mindset & Goal-Setting Unit**	**Mindsets & Goals Unit** **Developing a Positive Sense of Self Unit:** G6, Lesson 12 **Advisory Activities**
B-SMS 6. Ability to identify and overcome barriers	**Skills for Learning Unit**	**Growth Mindset & Goal-Setting Unit:** K, Lesson 3; G1, Lessons 2 and 4	**Growth Mindset & Goal-Setting Unit:** G2, Lessons 2–4; G3, Lessons 1 and 2	**Growth Mindset & Goal-Setting Unit:** G4, Lessons 3 and 5; G5, Lessons 3 and 5 **Emotion Management Unit:** G4, Lesson 6	**Mindsets & Goals Unit:** G7, Lessons 4–7

Behavior Standards: Self-Management Skills, continued

ASCA Student Standards: Mindsets and Behaviors for Student Success	Second Step® Early Learning	Second Step® Elementary Digital Program			Second Step® Middle School Digital Program
	Early Learning	Kindergarten–Grade 1	Grades 2–3	Grades 4–5	Grades 6–8
B-SMS 7. Effective coping skills	**Friendship Skills & Problem-Solving Unit:** Weekly Themes 23 and 24	**Growth Mindset & Goal-Setting Unit:** K, Lesson 3; G1, Lesson 4 **Problem-Solving Unit**	**Emotion Management Unit:** G2, Lesson 8; G3, Lesson 8 **Problem-Solving Unit**	**Emotion Management Unit:** G4, Lessons 7–9; G5, Lessons 8–10 **Problem-Solving Unit**	**Developing a Positive Sense of Self Unit** **Thoughts, Emotions & Decisions Unit** **Managing Relationships & Social Conflict Unit:** G6, Lessons 22–26; G7, Lessons 22–26; G8, Lessons 22–26 **Advisory Activities**
B-SMS 8. Balance of school, home, and community activities					**Developing a Positive Sense of Self Unit**
B-SMS 9. Personal safety skills	**Child Protection Unit**	**Child Protection Unit**	**Child Protection Unit**	**Child Protection Unit**	
B-SMS 10. Ability to manage transitions and adapt to change	**Emotion Management Unit:** Weekly Theme 18				**Developing a Positive Sense of Self Unit**

Behaviors Standards: Self-Management Skills

Behavior Standards: Social Skills

School counselors provide culturally sustaining instruction, appraisal, and advisement and counseling to help all students demonstrate the following behaviors.

ASCA Student Standards: Mindsets and Behaviors for Student Success	Second Step® Early Learning	Second Step® Elementary Digital Program			Second Step® Middle School Digital Program
	Early Learning	Kindergarten–Grade 1	Grades 2–3	Grades 4–5	Grades 6–8
B-SS 1. Effective oral and written communication skills and listening skills	**Skills for Learning Unit**	**Growth Mindset & Goal-Setting Unit:** K, Lessons 1 and 2; G1, Lessons 1 and 2 **Empathy & Kindness Unit:** K, Lesson 13; G1, Lessons 12 and 13 **Problem-Solving Unit:** K, Lessons 16, 18, and 19; G1, Lessons 16 and 18	**Emotion Management Unit:** G2, Lessons 6, 7, 9, and 10; G3, Lessons 7 and 9 **Empathy & Kindness Unit:** G3, Lesson 14 **Problem-Solving Unit:** G2, Lesson 16; G3, Lesson 17	**Empathy & Kindness Unit:** G4, Lessons 12–15 **Problem-Solving Unit:** G4, Lessons 16 and 17; G5, Lesson 16	**Class Discussions** **Writing Activities** **Advisory Activities**
B-SS 2. Positive, respectful, and supportive relationships with students who are similar to and different from them	**Empathy Unit:** Weekly Theme 12 **Friendship Skills & Problem-Solving Unit**	**Growth Mindset & Goal-Setting Unit:** K, Lesson 3 **Emotion Management Unit:** K, Lesson 6; G1, Lesson 6 **Empathy & Kindness Unit** **Problem-Solving Unit** **Bullying Prevention Unit:** Lesson 4	**Emotion Management Unit:** G2, Lesson 9 **Empathy & Kindness Unit** **Problem-Solving Unit** **Bullying Prevention Unit:** Lesson 4	**Empathy & Kindness Unit** **Problem-Solving Unit** **Bullying Prevention Unit:** Lessons 2–4	**Mindsets & Goals Unit:** G6, Lessons 1a and 1b; G7, Lessons 1a and 1b; G8, Lesson 1 **Developing a Positive Sense of Self Unit** **Managing Relationships & Social Conflict Unit:** G6, Lessons 20–22; G7, Lessons 20–22; G8, Lessons 20–22 **Advisory Activities**
B-SS 3. Positive relationships with adults to support success	**Skills for Learning Unit** **Child Protection Unit**	**Growth Mindset & Goal-Setting Unit:** K, Lessons 1 and 2; G1, Lessons 1 and 2 **Bullying Prevention Unit:** Lessons 1–4 **Child Protection Unit**	**Empathy & Kindness Unit:** G2, Lessons 14 and 15; G3, Lesson 15 **Bullying Prevention Unit:** Lessons 2 and 4 **Child Protection Unit**	**Empathy & Kindness Unit:** G4, Lessons 11 and 12 **Problem-Solving Unit:** G5, Lesson 16 **Bullying Prevention Unit:** G4, Lessons 1–4; G5, Lessons 1–3 **Child Protection Unit**	**Developing a Positive Sense of Self Unit** **Advisory Activities**
B-SS 4. Empathy	**Empathy Unit**	**Empathy & Kindness Unit** **Bullying Prevention Unit**	**Empathy & Kindness Unit** **Bullying Prevention Unit**	**Empathy & Kindness Unit** **Problem-Solving Unit:** G4, Lessons 17–20; G5, Lessons 17-20 **Bullying Prevention Unit:** G4, Lesson 2; G5, Lessons 2 and 3	**Developing a Positive Sense of Self Unit:** G6, Lessons 8, 10, 11, and 13; G7, Lesson 10; G8, Lesson 13 **Managing Relationships & Social Conflict Unit:** G6, Lessons 20–26; G7, Lessons 20–26; G8, Lessons 22–24 **Advisory Activities**

Behaviors Standards: Social Skills

ASCA Student Standards: Mindsets and Behaviors for Student Success	Second Step® Early Learning	Second Step® Elementary Digital Program			Second Step® Middle School Digital Program
	Early Learning	**Kindergarten–Grade 1**	**Grades 2–3**	**Grades 4–5**	**Grades 6–8**
B-SS 5. Ethical decision-making and social responsibility	**Empathy Unit:** Weekly Theme 12 **Friendship Skills & Problem-Solving Unit:** Weekly Themes 19–21	**Empathy & Kindness Unit:** K, Lesson 13; G1, Lessons 12 and 13 **Problem-Solving Unit**	**Empathy & Kindness Unit:** G2, Lessons 13–15; G3, Lessons 11–15 **Problem-Solving Unit**	**Growth Mindset & Goal-Setting Unit:** G4, Lessons 1–5 **Emotion Management Unit:** G4, Lesson 6; G5, Lesson 6 **Empathy & Kindness Unit:** G5, Lessons 11–15 **Problem-Solving Unit**	**Mindsets & Goals Unit:** G8, Lesson 4 **Developing a Positive Sense of Self Unit:** G6, Lessons 10–13; G8, Lesson 13 **Managing Relationships & Social Conflict Unit** **Advisory Activities**
B-SS 6. Effective collaboration and cooperation skills	**Friendship Skills & Problem-Solving Unit**	**Empathy & Kindness Unit:** K, Lesson 13; G1, Lessons 12 and 13 **Problem-Solving Unit**	**Problem-Solving Unit**	**Growth Mindset & Goal-Setting Unit:** G4, Lessons 1–5 **Empathy & Kindness Unit:** G4, Lessons 11 and 12; G5, Lessons 11–15 **Problem-Solving Unit**	**Challenge Lessons** **Class Discussions** **Group Activities** **Advisory Activities**
B-SS 7. Leadership and teamwork skills to work effectively in diverse groups				**Growth Mindset & Goal-Setting Unit:** G4, Lessons 1–5 **Empathy & Kindness Unit:** G4, Lesson 12; G5, Lessons 11–15	**Challenge Lessons** **Class Discussions** **Developing a Positive Sense of Self Unit** **Advisory Activities**
B-SS 8. Advocacy skills for self and others and ability to assert self when necessary	**Skills for Learning Unit:** Weekly Theme 6 **Friendship Skills & Problem-Solving Unit:** Weekly Theme 25	**Problem-Solving Unit:** G1, Lesson 18 **Bullying Prevention Unit:** Lessons 2–4	**Growth Mindset & Goal-Setting Unit:** G3, Lesson 3 **Bullying Prevention Unit:** Lessons 2–4	**Emotion Management Unit:** G5, Lessons 8–10 **Problem-Solving Unit:** G4, Lessons 16 and 18; G5, Lesson 16 **Bullying Prevention Unit**	**Challenge Lessons** **Class Discussions** **Developing a Positive Sense of Self Unit** **Advisory Activities**
B-SS 9. Social maturity and behaviors appropriate to the situation and environment	**All Units and Activities**	**All Units and Activities**	**All Units and Activities**	**All Units and Activities**	**All Units and Activities**
B-SS 10. Cultural awareness, sensitivity, and responsiveness					**Developing a Positive Sense of Self Unit:** G6, Lessons 8 and 9; G7, Lessons 8 and 9

Behaviors Standards: Social Skills