Nevada Statewide Social-Emotional Competencies Alignment with Second Step SEL for Early Learning

Nevada Statewide Social Emotional Competencies	Second Step Key Concepts																										
	SKILLS FOR LEARNING							EMPATHY						EMOTION MANAGEMENT						PROBLEM SOLVING			FRIENDSHIP SKILLS				EXECUTIVE-FUNCTION SKILLS		
	Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify & Understand Their Own, Others' Feelings	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	Express Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Strong Feelings Down	Use the Calming-Down Steps	Communication / Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	Play Fair	Invite Others to Play	Ask to Join in Play	Choose to Have Fun over Getting Their Way	Flexible Attention	Working Memory	Inhibitory Control
Early Learning																											
1.1. - Identify one's emotions.			X					X	X					X	X	X	X	X	X								
1.2. - Maintain an accurate and positive self-concept.			X	X				X	X					X	X	X	X	X	X			X	X	X	X		
1.3. - Recognize individual strengths.								X						X	X				X						X	X	X	X
1.4. - Experience a sense of self-efficacy.	X	X	X	X	X	X	X												X	X	X	X	X	X	X	X	X	X
2.1. - Regulate emotions.			X					X	X					X	X	X	X	X	X			X	X	X	X			X
2.2. - Manage stress.			X	X		X	X	X	X					X	X	X	X	X	X	X	X					X	X	X
2.3. - Monitor and achieve behaviors related to school and life success.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
3.1. - Exhibit empathy.	X	X						X	X	X	X	X	X	X	X							X	X	X	X			
3.2. - Appreciate diversity.								X	X	X	X	X	X															
3.3. - Understand social and ethical norms for behavior, and recognize family, school, and community supports.	X	X	X	X	X	X	X															X	X	X	X			
4.1. - Build and maintain relationships with diverse groups and individuals.				X				X	X	X	X	X	X									X	X	X	X			
4.2. - Communicate clearly to express needs and resolve conflict.			X	X			X							X	X	X	X	X	X	X	X	X	X	X	X			X
5.1. - Problem solve effectively.																			X	X	X	X	X	X	X			X
5.2. - Maintain accountable behaviors in school, personal, and community contexts.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Nevada Statewide Social-Emotional Competencies
Alignment with Second Step SEL for Kindergarten through Grade 3

Nevada Statewide Social Emotional Competencies	Second Step Key Concepts																								
	SKILLS FOR LEARNING							EMPATHY						EMOTION MANAGEMENT					PROBLEM SOLVING						EXECUTIVE-FUNCTION SKILLS		
	Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify & Understand Their Own, Others' Feelings	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	EXpress Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Strong Feelings Down	Use the Ways to Calm Down	Communication / Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	EXplore Consequences of Solutions to Problems	Pick the Best Solution to a Problem	Friendship Skills	FleXible Attention	Working Memory	Inhibitory Control
Kindergarten–Grade 3																										
1.1. - Identify one's emotions.			X					X	X					X	X	X	X	X	X						X		
1.2. - Maintain an accurate and positive self-concept.			X	X				X	X					X	X	X	X	X	X						X	X	
1.3. - Recognize individual strengths.								X						X	X				X					X	X		
1.4. - Experience a sense of self-efficacy.	X	X	X	X	X	X	X												X	X	X	X	X	X	X	X	X
2.1. - Regulate emotions.			X					X	X					X	X	X	X	X	X						X		
2.2. - Manage stress.			X	X		X	X	X	X					X	X	X	X	X	X	X	X	X	X		X	X	X
2.3. - Monitor and achieve behaviors related to school and life success.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
3.1. - Exhibit empathy.	X	X						X	X	X	X	X	X	X	X									X			
3.2. - Appreciate diversity.								X	X	X	X	X	X											X			
3.3. - Understand social and ethical norms for behavior, and recognize family, school, and community supports.	X	X	X	X	X	X	X																	X			
4.1. - Build and maintain relationships with diverse groups and individuals.				X				X	X	X	X	X	X											X			
4.2. - Communicate clearly to express needs and resolve conflict.			X	X			X							X	X	X	X	X	X	X	X	X	X	X	X	X	X
5.1. - Problem solve effectively.																			X	X	X	X	X	X	X	X	X
5.2. - Maintain accountable behaviors in school, personal, and community contexts.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Nevada Statewide Social-Emotional Competencies Alignment with Second Step SEL for Grades 4–5

Nevada Statewide Social Emotional Competencies	Second Step Key Concepts																				
	EMPATHY AND SKILLS FOR LEARNING							EMOTION MANAGEMENT							PROBLEM SOLVING						
	Identify & Understand Their Own, Others' Feelings	Take Others' Perspectives	Listen with Attention	Assertiveness Skills	Friendship Skills	Empathy Skills	Express Compassion	Recognize How Strong Feelings Affect Brain, Body	Focus Attention	Calm Strong Feelings Down Using Steps	Use Calming-Down Strategies	Manage Strong Feelings	Assertive Communication Skills	Use Positive Self-Talk	Calm Down Before Solving Problems	State a Problem Using Non-Blaming Language	Think of Multiple Solutions to a Problem	Explore Consequences of Solutions to Pick the Best Solution to a Problem	Make a Plan	Apply Problem-Solving Steps to Age-Typical Problems
Grades 4–5																					
1.1. - Identify one's emotions.	X							X		X	X	X		X	X						
1.2. - Maintain an accurate and positive self-concept.	X			X	X			X		X	X	X	X	X	X						
1.3. - Recognize individual strengths.	X				X			X							X						
1.4. - Experience a sense of self-efficacy.			X	X	X				X				X	X	X	X	X	X	X	X	X
2.1. - Regulate emotions.	X							X		X	X	X		X	X						X
2.2. - Manage stress.	X			X				X		X	X	X	X	X	X	X	X	X	X	X	X
2.3. - Monitor and achieve behaviors related to school and life success.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
3.1. - Exhibit empathy.	X	X	X		X	X	X	X	X												
3.2. - Appreciate diversity.	X	X			X	X	X														
3.3. - Understand social and ethical norms for behavior, and recognize family, school, and community supports.			X	X	X				X				X	X							
4.1. - Build and maintain relationships with diverse groups and individuals.	X	X		X	X	X	X						X								
4.2. - Communicate clearly to express needs and resolve conflict.				X	X			X		X	X	X	X	X	X	X	X	X	X	X	X
5.1. - Problem solve effectively.					X										X	X	X	X	X	X	X
5.2. - Maintain accountable behaviors in school, personal, and community contexts.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Nevada Statewide Social-Emotional Competencies Alignment with Second Step SEL for Grades 6–8

Nevada Statewide Social Emotional Competencies	Second Step Key Concepts														
	Growth Mindset: Your Brain Can Grow and Change	Setting and Achieving Goals	Planning Ahead for Difficult Situations	Identifying Personal Values	Using Personal Values to Make Good Decisions	Making Friends and Strengthening Friendships	Recognizing Negative Relationships	The Role of Emotions	Handling Unhelpful Thoughts and Strong Emotions	Calming-Down Strategies	Recognizing Different Perspectives	Recognizing and Avoiding Serious Conflicts	Resolving Serious Conflicts	Repairing Relationships	Helping Prevent Bullying and Harassment
Grades 6–8															
1.1. - Identify one's emotions.						X	X	X	X	X		X	X	X	
1.2. - Maintain an accurate and positive self-concept.	X	X		X	X	X	X					X	X	X	
1.3. - Recognize individual strengths.	X	X	X	X	X	X						X	X	X	
1.4. - Experience a sense of self-efficacy.	X	X	X						X	X		X	X		X
2.1. - Regulate emotions.			X					X	X	X		X	X		
2.2. - Manage stress.			X					X	X	X					
2.3. - Monitor and achieve behaviors related to school and life success.	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
3.1. - Exhibit empathy.							X				X	X	X	X	X
3.2. - Appreciate diversity.											X				X
3.3. - Understand social and ethical norms for behavior, and recognize family, school, and community supports.				X	X	X	X		X	X		X	X	X	X
4.1. - Build and maintain relationships with diverse groups and individuals.				X	X	X					X				X
4.2. - Communicate clearly to express needs and resolve conflict.				X	X							X	X	X	X
5.1. - Problem solve effectively.	X	X	X	X	X				X	X	X	X	X		
5.2. - Maintain accountable behaviors in school, personal, and community contexts.		X	X	X	X	X	X	X	X	X	X	X	X	X	X