

# Idaho Early Learning eGuidelines: Social and Emotional Development Standards Alignment with Second Step SEL for Early Learning



IELEg Social and Emotional Development Standard	Second Step Key Concepts																											
	SKILLS FOR LEARNING						EMPATHY					EMOTION MANAGEMENT				PROBLEM SOLVING			FRIENDSHIP SKILLS			EXECUTIVE - FUNCTION SKILLS						
	Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify and Understand Own and Others'	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	Express Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Down Strong Feelings	Use the Calming-Down Steps	Use Communication / Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	Play Fair	Invite Others to Play	Ask to Join In Play	Choose to Have Fun Over Getting Own Way	Use Flexible Attention	Use Working Memory	Use Inhibitory Control
<b>Early Learning</b>																												
PreK.27.1. - In familiar settings, separates, with assistance from significant adults, without undue anxiety (younger child may need extra help).			X				X						X	X	X	X						X	X	X				X
PreK.27.2. - Expresses affection for significant adults.							X	X																				
PreK.27.3. - Approaches adults for assistance and offers to assist adults.				X													X		X	X								
PreK.27.4. - Carries out actions to please adults, at times.							X				X																	
PreK.27.5. - Tells feelings about adults (e.g., "I love Grandpa!").							X	X																				
PreK.27.6. - Plays independently, but seeks comfort from familiar adults when distressed.																						X				X		
PreK.27.7. - Asks questions of adults, as needed, to obtain information.				X													X		X	X								
PreK.27.8. - Follows caregiver's guidance for appropriate behavior in different environments.	X	X			X					X																X	X	X
PreK.27.10. - Brings simple problem situations to adult's attention.				X													X		X	X								
PreK.27.11. - Works independently and asks for help only when necessary.																						X			X			
PreK.27.12. - Works cooperatively with an adult to plan and organize activities and solve problems.	X	X			X												X	X	X	X								
PreK.28.1. - Plays beside and interacts with peers.				X	X		X	X	X	X	X						X					X	X	X	X	X	X	X
PreK.28.2. - Sometimes share toys with other children as they play.																						X			X			X
PreK.28.3. - Shows enjoyment in playing with other children.				X	X		X	X	X	X	X						X					X	X	X	X	X	X	X
PreK.28.4. - Engages with other children in play involving a common idea (dramatic play, block building).				X	X		X	X	X	X	X						X					X	X	X	X	X	X	X
PreK.28.5. - Begins to show preference for particular playmate.				X	X		X	X	X	X	X	X					X					X	X	X	X	X	X	X
PreK.28.6. - Tries a variety of strategies to engage a peer.							X				X	X										X	X	X				
PreK.28.7. - Separates willingly from adults to play with friends.			X				X						X	X	X	X						X	X	X				X
PreK.28.8. - Has at least one other friend.																						X	X					
PreK.28.9. - Initiates conversations with other children; asks questions and responds.	X	X				X	X										X											
PreK.28.10. - Makes decisions with other children, with adult prompts as needed (making rules).	X	X			X												X	X	X	X								
PreK.28.11. - Can wait briefly for a turn when playing with other children.			X														X					X	X		X			X
PreK.28.12. - Leads or participates in planning cooperative play with others.				X	X		X	X	X	X	X						X					X	X	X	X	X	X	X









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<b>Kindergarten</b>																											
K.31.4. - Invents and sets up activities that include more than one child.				X						X	X																X
K.31.5. - Sometimes part of the audience; sometimes active participants in group events.	X	X	X	X	X	X	X	X	X	X	X						X	X	X	X	X	X	X	X	X	X	X
K.32.1. - Communicates others' feelings.								X	X	X	X		X	X													
K.32.2. - Comforts family members or friends who are not feeling well or are upset.	X	X						X	X	X	X	X															
K.32.3. - Expresses excitement about special events and accomplishments of others within cultural context and expectations.				X				X	X	X	X	X	X	X			X									X	
K.32.4. - Volunteers to assist and comforts peer by using words and actions.		X						X	X	X	X	X														X	
K.32.5. - Adjusts plans in consideration of others' wants and needs, at times.		X						X	X	X	X	X													X		
K.32.6. - Treats the earth and living things with respect.	X	X		X				X	X	X	X	X							X	X	X	X	X	X			
K.32.7. - Has a growing sense of what is fair and unfair for self and others.	X	X		X				X	X	X	X	X							X	X	X	X	X	X			
K.33.1. - Uses more wordplay, rhymes, magic tricks, and jokes.				X							X																
K.33.2. - Begins to tell riddles and jokes with a format (e.g., "knock-knock" jokes).				X							X																
K.33.3. - Participates in social interaction with humorous situations (silly pretend play).				X							X																
K.33.4. - Uses deliberate, humorously provocative actions.				X							X																
K.33.5. - Uses physical humor (jumping, silly walks).				X							X																
K.33.6. - Uses humor for leadership and group acceptance.				X							X																
K.33.7. - Likes gag jokes and toys (plastic poop or vomit).				X							X																
K.33.8. - Likes stories with funny characters, expressions, outcomes.				X							X																
K.33.9. - May use humor to initiate interaction with a trusted adult.				X							X																
K.33.10. - Uses humor with peers to initiate or extend social interactions.				X							X																
K.34.1. - Expresses anticipation of special events in different settings.	X	X	X		X	X																			X	X	X
K.34.2. - Accommodates a variety of settings throughout the day.	X	X	X		X	X																			X	X	X
K.34.3. - Anticipates diverse settings and what will be needed in them, with assistance (e.g., "We're going to the park, so I'll bring a ball," or, "We're going to the lake, so I'll need my swimsuit").	X	X	X		X	X	X																		X	X	X
K.35.1. - Shows concern about personal fairness within a peer group (e.g., "Everyone else gets a turn," or, "That's not fair").																				X					X		
K.35.2. - Recognizes others' abilities in certain areas (e.g., "Jamie sings really well," or "Marie is a fast runner").								X		X	X	X															
K.35.3. - Names and accepts differences and similarities in preferences (food preferences or favorite play activities).								X		X	X	X															
K.35.4. - Notices that other children might use different words for the same object (mother is said differently in different languages).								X		X	X	X															
K.35.5. - Begins to examine a situation from others' perspective.								X		X	X	X															
K.35.6. - Defends own right and others' rights to fair treatment.								X		X	X	X															
K.36.1. - Takes pride in responsibilities and follows through on them (help with chores).	X	X	X	X	X	X	X	X	X		X						X							X	X	X	X

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<b>Kindergarten</b>																											
K.36.2. - Begins to show self-direction in actions.	X	X	X	X	X	X	X	X	X	X	X						X						X	X	X	X	
K.36.3. - Differentiates preferences for self and others (e.g., "I like to play with blocks," or "She likes to play with trucks").	X	X	X	X	X	X	X	X	X	X	X						X						X	X	X	X	
K.36.4. - Verbalizes own individual abilities.	X	X	X	X	X	X	X	X	X	X	X						X						X	X	X	X	
K.36.5. - Identifies roles within family, school, and community.	X	X	X	X	X	X	X	X	X	X	X						X						X	X	X	X	
K.36.6. - Asks for help, as needed.			X	X															X			X					
K.37.1. - Takes on new tasks and improves skills with practice (wheeling self in wheelchair).	X	X	X	X	X	X	X																	X	X	X	
K.37.2. - Initiates actions or activities with peers.				X																			X	X			
K.37.3. - Views self as capable of starting and completing a task.	X	X	X	X	X	X	X																	X	X	X	
K.37.4. - Expresses delight over a successful project and wants others to like it too.	X	X	X	X	X	X	X																	X	X	X	
K.37.5. - Persists with tasks until finished.					X	X	X																	X	X	X	
K.37.6. - Participates in community service projects.									X		X	X															
K.38.1. - Expresses self in safe and appropriate ways (expresses anger or sadness without fights).				X				X	X				X	X	X	X	X	X								X	
K.38.2. - Shows ability to control destructive impulses, with guidance.								X	X				X	X	X	X	X	X								X	
K.38.3. - Seeks peaceful resolution to conflict.	X	X		X					X	X	X								X	X	X	X	X	X			
K.38.4. - Stops and listens to instructions before jumping into activity, with guidance.	X	X	X		X	X	X	X	X				X	X			X							X		X	
K.38.5. - Participates in own care routines when there is a special health care need.	X	X	X		X	X	X	X	X				X	X			X							X		X	
K.38.6. - Follows rules in different settings (lowers voice when entering library).	X		X	X	X	X	X										X						X	X	X	X	
K.38.7. - Applies rules in new but similar situations.	X		X	X	X	X	X										X						X	X	X	X	
K.38.8. - Explains simple family or classroom rules to others.	X		X	X	X	X	X										X						X	X	X	X	
K.38.9. - Expresses feelings through play.				X				X	X	X	X	X	X	X			X						X				
K.38.10. - Shares own excitement with peers, caregivers, and adults.				X				X	X	X	X	X	X	X			X						X				
K.38.11. - Acknowledges sadness about loss (changes in caregiver, divorce, or death).	X	X						X	X	X	X	X	X	X	X	X	X							X	X	X	
K.38.12. - Does not inhibit emotional expression (cries when feeling sad).								X	X				X	X	X	X	X	X								X	
K.38.13. - Names some types/levels of emotion (frustrated, angry).	X	X						X	X	X	X	X	X	X	X	X	X							X	X	X	







