



ALIGNMENT CHART

Ohio Early Learning and Development Standards

■ **Second Step® Early Learning Program**

About Second Step® Early Learning

The Second Step® Early Learning program teaches preschool-aged children skills to build self-regulation and social-emotional competence, both important for kindergarten readiness and school and life success. Children learn and practice vital skills for listening and paying attention, having empathy, managing emotions, building friendships, and solving problems with others. The Second Step program is designed to reduce behavior problems, improve classroom climate by building feelings of inclusiveness and respect, and increase children's sense of confidence and responsibility. The program includes Weekly Themes with daily short learning activities, visual aids, puppets, songs, and online training.

How the Programs Meet Ohio Early Learning and Development Standards

The following tables indicate which specific Second Step lessons and related materials can help children develop the knowledge, skills, and attitudes needed to meet the Ohio Early Learning and Development Standards. Boxes are checked to indicate that Second Step Early Learning meets a given Ohio standard when:

1. Children have clear opportunities to actively process the knowledge or practice the skills described in the standard through discussion, drawing, or other related activities.
2. There are opportunities for teachers to gather evidence of children's learning in relation to the standards.



Early Learning

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Second Step® Early Learning

Key Skills and Concepts																											
Skills for Learning							Empathy					Emotion Management					Friendship Skills			Problem-Solving			Executive-Function Skills				
Focus attention	Listen with attention	Use self-talk	Be assertive	Remember directions	Stay on task	Ignore distractions	Identify and understand their own and others' feelings	Build a vocabulary of feelings words	Begin to take others' perspectives	Listen to others	Have empathy	Express compassion	Understand strong feelings	Recognize strong feelings	Calm strong feelings down	Use the Calming-Down Steps	Communication and language skills	Play fair	Invite others to play	Ask to join in play	Choose to have fun over getting their way	Calm down before solving problems	Describe the problem	Think of multiple solutions to a problem	Flexible attention	Working memory	Inhibitory control

Standard		Practice	Focus attention	Listen with attention	Use self-talk	Be assertive	Remember directions	Stay on task	Ignore distractions	Identify and understand their own and others' feelings	Build a vocabulary of feelings words	Begin to take others' perspectives	Listen to others	Have empathy	Express compassion	Understand strong feelings	Recognize strong feelings	Calm strong feelings down	Use the Calming-Down Steps	Communication and language skills	Play fair	Invite others to play	Ask to join in play	Choose to have fun over getting their way	Calm down before solving problems	Describe the problem	Think of multiple solutions to a problem	Flexible attention	Working memory	Inhibitory control			
Approaches to Learning	Engagement and Persistence	1a. Engages in new and unfamiliar experiences and activities.																													✓	✓	✓
		1b. Completes activities with increasingly complex steps.					✓	✓	✓																								
		1c. Persists in completing a task with increasing concentration.	✓	✓	✓	✓	✓	✓	✓																							✓	
Cognitive Development	Mindset	2a. Develops a growth mindset.			✓																												
	Memory	1a. Develops the ability to recall information about objects, people, and past experiences.	✓	✓			✓																								✓	✓	
		2a. Demonstrates increasing ability to think symbolically.																															
	Problem-Solving and Reasoning	3a. Uses increasingly complex strategies to solve problems.	✓				✓	✓	✓																	✓	✓	✓					
Cognitive Flexibility		4a. Develops ability to be flexible in own thinking and behavior.			✓							✓	✓									✓	✓	✓	✓					✓		✓	
Social and Emotional Development	Self-Awareness	1a. Develops and expands understanding of oneself as a unique person.								✓	✓					✓	✓																
		1b. Develops understanding of emotions.								✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓					✓	✓							
	Self-Regulation	2a. Begins to manage emotions and actions.	✓						✓	✓								✓	✓	✓		✓	✓	✓	✓	✓						✓	
	Social Awareness	3a. Develops empathy toward and understanding of others.											✓	✓	✓	✓						✓	✓	✓	✓								
		Relationship Skills	4a. Develops secure, trusting relationships with adults.																														
4b. Develops socially competent behaviors with peers.												✓	✓	✓	✓						✓	✓	✓	✓	✓	✓	✓	✓				✓	
4c. Develops ability to use simple strategies to resolve conflicts with peers.																									✓	✓	✓						