



ALIGNMENT CHART

Learning for Justice Lessons

- **Second Step® Elementary Digital Program**
- **Second Step® Middle School Digital Program**

Learning for Justice has designed a robust set of lessons with direct instruction on identity, diversity, justice, and action that complement and enhance social-emotional skills. Committee for Children has curated a set of Learning for Justice lessons that are aligned to the Second Step® Elementary and Second Step® Middle School digital programs, as well as the CASEL social-emotional learning (SEL) core competencies. We recommend teaching these lessons in tandem with your Second Step® implementation.

About Second Step® Programs



The research-based Second Step Elementary and Second Step Middle School digital programs are universal, web-based classroom programs designed to promote social-emotional competence, which can help increase students' school success and decrease problem behaviors.^{1,2} Second Step programs also include foundational skills essential for combating racism and promoting social justice, such as perspective-taking, empathy, and social connectedness. Second Step programs are recognized as CASEL "SElect," and Second Step lessons are closely aligned with CASEL's core competencies.

About CASEL



The Collaborative for Academic, Social, and Emotional Learning (CASEL) is the nation's leading organization advancing the development of academic, social, and emotional competence for all students. CASEL has identified five interrelated SEL core competencies: self-management, self-awareness, social awareness, relationship skills, and responsible decision-making.

About Learning for Justice



A respected leader in the field of anti-racism and anti-bias, Learning for Justice provides resources to educators who work with children from Kindergarten through high school. These resources include classroom lessons, webinars, grants, podcasts, policy guides, and more. Visit learningforjustice.org to explore the organization's full offerings.

1. Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions. *Child Development, 82*(1), 405–432. <https://doi.org/10.1111/j.1467-8624.2010.01564.x>

2. Taylor, R. D., Oberle, E., Durlak, J. A., & Weissberg, R. P. (2017). Promoting positive youth development through school-based social and emotional learning interventions: A meta-analysis of follow-up effects. *Child Development, 88*(4), 1156–1171. <https://doi.org/10.1111/cdev.12864>



Alignment of Second Step® Programs with Learning for Justice Lessons

Not all Learning for Justice lessons on this chart have an alignment with a specific Second Step lesson. Please teach these lessons in an order that makes sense for your classroom, in tandem with your SEL implementation.

	Learning for Justice Lesson	Grade Level	CASEL Domain	Equity Domain	Description	<div> <div>second step</div> Grade </div>					
						K	1	2	3	4	5
Grades K-5	Everyone's a Helper	K-5	Self-Awareness, Social Awareness	Identity, Diversity	This lesson helps students understand the concepts of strengths, struggles, and what it means to help.	L9, L13, L19	L3, L12, L13	L2, L8, L13	L3, L5	L5	L1, L3
	If You're Angry and You Know It	K-2	Self-Awareness, Self-Management	N/A	The familiar children's tune "If You're Happy and You Know It" can take on a prosocial dimension if you change the lyrics. Singing "If You're Angry and You Know It" provides an opportunity to explore appropriate responses to anger.	L8	L9				
	What Is Empathy?	K-2	Social Awareness	Action	This lesson explicitly teaches students to be more conscious of other people's feelings to create a more accepting and respectful school community.	L12	L10, L11	L11, L12, L13, L14			
	Place as a Mirror of Self and Community	3-5	Self-Awareness, Social Awareness	Diversity	This lesson helps students understand difference and community by exploring a special place in their lives.						L12
	Part of a Community Online	K-2	Social Awareness, Relationship Skills, Responsible Decision-Making	Diversity, Justice	In this lesson students discuss different kinds of community and apply what they know about empathy and inclusivity to being part of an online community.			L11, L12, L13, L14, L15			
	Participating in Digital Communities	3-5	Social Awareness, Relationship Skills, Responsible Decision-Making	Identity, Action	This lesson aims to help students learn to safely and respectfully participate in different kinds of digital communities.				L11, L12, L13, L15		L11
	United We Stand	3-5	Social Awareness, Relationship Skills, Responsible Decision-Making	Diversity, Action	In this lesson, students will learn about the work of César Chávez and reflect on how powerful it can be to speak up with others for change.						L11, L12, L14
	Activism Online	3-5	Social Awareness, Relationship Skills, Responsible Decision-Making	Justice, Action	This lesson introduces children to different ways young people have used the internet to work toward positive social change.						L11, L12, L14



	Learning for Justice Lesson	Grade Level	CASEL Domain	Equity Domain	Description	Second Step [®] Grade		
						6	7	8
Grades 6–12	Looking Closely at Ourselves	6–8, 9–12	Self-Awareness	Identity	In this lesson students explore race and self-identity by creating self-portraits to help develop detailed observational skills and use these skills in relation to themselves and others.		L8	L2
	Change Agents in Our Own Lives	6–8	Self-Awareness, Social Awareness, Responsible Decision-Making	Justice	In this lesson students identify individuals in their own lives who embody heroism and think about the various roles people play in conflicts.	L11, L12, L13	L12, L13	L11, L12, L13
	‘Bibi’ Lesson 1: What Makes Us Who We Are?	6–8	Self-Awareness	Identity, Diversity	This activity has students explore what makes them who they are, including the different aspects of their identity.			L2, L3, L4, L5, L6, L7
	Dealing with Dilemmas: Upstanders, Bystanders, and Whistle-Blowers	6–8	Relationship Skills, Responsible Decision-Making	Action	In this lesson students think about how to resolve difficult ethical decisions related to injustice by role-playing, researching people who have made ethical decisions, and writing about their own role models.	L12	L12	L11
	Civic Engagement and Communication as Digital Community Members	6–8	Social Awareness, Relationship Skills, Responsible Decision-Making	Diversity, Justice, Action	This lesson helps students learn to communicate in internet groups and respond to bias online.	L10		
	Challenging Gender Stereotyping and Homophobia in Sports	6–8, 9–12	Social Awareness, Responsible Decision-Making	Action	In this lesson students discuss common characteristics and stereotypes that are associated with athletes.			L8
	Beauty Is Skin Deep	6–8, 9–12	Self-Awareness, Social Awareness	Diversity, Justice	This activity has students reflect on the ways they've experienced or participated in bias based on physical size and appearance, and discuss how society's expectations about body image and appearance affect people.			L9
	Defusing School Violence	6–8, 9–12	Social Awareness, Responsible Decision-Making	Identity, Diversity, Action, Justice	In this lesson students explore the complexities of a situation in which immigrant students attend a school that's plagued with racially motivated violence.			L12
	Recognizing Discrimination	6–8	Social Awareness	Action	In this lesson students reflect on real-world examples to help them identify peaceful ways to respond to discrimination.		L12	



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Grades 6–12	Female Identity and Gender Expectations	6–8, 9–12	Self-Awareness, Social Awareness	Justice	In this lesson students explore different aspects of gender for today's girls and women.		L8–13	L8–13
	Sounds of Change	6–8, 9–12	Social Awareness, Self-Awareness, Responsible Decision-Making	Identity, Diversity, Action, Justice	This activity has students analyze and reflect on messages presented in songs, and express their own views about important issues addressed in some songs.	L9		
	The New Mad Men	6–8, 9–12	Social Awareness, Responsible Decision-Making	Identity, Diversity, Action, Justice	In this lesson students explore how changing demographics in the United States have changed the face of advertising.			L9
	Understanding Disabilities	6–8, 9–12	Social Awareness	Diversity	This activity helps students increase their knowledge about people with disabilities and explore ways to sensitively communicate with those individuals.			L8
	What's So Bad About "That's So Gay"?	6–8	Social Awareness	Justice	This activity helps students examine how inappropriate language can hurt and think of ways to end this kind of name-calling.		L11	
	Cliques in Schools	6–8, 9–12	Social Awareness, Relationship Skills	Action	In this lesson students examine the cliques within their school community and ways to integrate the student body and form relationships across, and in spite of, controlling cliques.	L20		