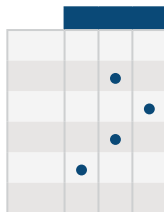




ALIGNMENT CHART
ALBERTA, CANADA, DRAFT PHYSICAL EDUCATION AND WELLNESS
KINDERGARTEN TO GRADE 6 CURRICULUM



Second Step®
Child Protection Unit

The charts in this document show how the Second Step Child Protection Unit aligns to the Alberta, Canada, Draft Physical Education and Wellness Kindergarten to Grade 6 Curriculum.

**About the Second Step®
Child Protection Unit**

The research-based Child Protection Unit for Early Learning through Grade 5 provides a multi-layered approach to child safety. The age-appropriate lessons in the unit help students recognize, report, and refuse unsafe situations. The Child Protection Unit also includes training, guidance, and resources for administrators, teachers, counselors, and families. By creating a child-protection strategy and educating adults throughout the school, all can be prepared to recognize, respond to, and report abuse.



Second Step® Child Protection Unit Alignment with Physical Education and Wellness Standards for Kindergarten

Key Skills and Concepts			
Safety rules	Asking for permission	Safe and unsafe touches	Review of touching rule
✓	✓	✓	✓

Instructional Strategies												
Report sexual abuse	Review concepts	Respond to questions	Listen to others	Participate in whole-class and partner discussions	Communicate ideas	Signal agreement with others' ideas	Interpret stories	Interpret audio and video media	Practice cognitive and behavioral skills	Practice skills using drawing and role-play	Work independently	Work with partners
✓	✓	✓	✓	✓			✓	✓		✓		

Organizing Idea	Guiding Question	Learning Outcome
Movement Skill Development: A healthy way of life includes regular movement.	How might awareness of the surroundings impact movement?	Students investigate and demonstrate how spatial awareness influences movement and physical activity.
		Students demonstrate an understanding of how movement can support different types of physical activity.
	How can fair play contribute to engagement in physical activity?	Students demonstrate an understanding of fair play and its associated benefits through a variety of physical activities.
Character Development: Exploration of life opportunities and virtues develops resiliency and personal talents and promotes lifelong learning.	How can personal characteristics contribute to self-understanding?	Students examine and describe how personal characteristics contribute to self-understanding.
Safety: A lifetime of optimal well-being is supported by prioritizing health and safety.	How can boundaries contribute to safety?	Students investigate and explain how boundaries connect to safety.
Healthy Relationships: Personal well-being is supported through positive relationships built on communication, collaboration, empathy, and respect.	How can connections support healthy relationships?	Students investigate how healthy relationships in learning and playing environments are built through connection.



Second Step® Child Protection Unit Alignment with Physical Education and Wellness Standards for

Grade 1

Key Skills and Concepts			
Safety rules	Asking for permission	Safe and unsafe touches	Review of touching rule
✓	✓	✓	✓

Instructional Strategies												
Report sexual abuse	Review concepts	Respond to questions	Listen to others	Participate in whole-class and partner discussions	Communicate ideas	Signal agreement with others' ideas	Interpret stories	Interpret audio and video media	Practice cognitive and behavioral skills	Practice skills using drawing and role-play	Work independently	Work with partners
✓	✓	✓	✓	✓			✓	✓		✓		

Organizing Idea	Guiding Question	Learning Outcome
Movement Skill Development: A healthy way of life includes regular movement.	How might awareness of the surroundings impact movement?	Students investigate and demonstrate how spatial awareness influences movement and physical activity. Students demonstrate an understanding of how movement can support different types of physical activity.
	How can fair play contribute to engagement in physical activity?	Students demonstrate an understanding of fair play and its associated benefits through a variety of physical activities.
	How can personal characteristics contribute to self-understanding?	Students examine and describe how personal characteristics contribute to self-understanding.
Safety: A lifetime of optimal well-being is supported by prioritizing health and safety.	How can boundaries contribute to safety?	Students investigate and explain how boundaries connect to safety.
Healthy Relationships: Personal well-being is supported through positive relationships built on communication, collaboration, empathy, and respect.	How can connections support healthy relationships?	Students investigate how healthy relationships in learning and playing environments are built through connection.



Second Step® Child Protection Unit Alignment with Physical Education and Wellness Standards for

Grade 2

Key Skills and Concepts			
Safety rules	Asking for permission	Safe and unsafe touches	Review of touching rule
✓	✓	✓	✓

Instructional Strategies												
Report sexual abuse	Review concepts	Respond to questions	Listen to others	Participate in whole-class and partner discussions	Communicate ideas	Signal agreement with others' ideas	Interpret stories	Interpret audio and video media	Practice cognitive and behavioral skills	Practice skills using drawing and role-play	Work independently	Work with partners
✓	✓	✓	✓	✓			✓	✓		✓		

Organizing Idea	Guiding Question	Learning Outcome
Movement Skill Development: A healthy way of life includes regular movement.	How might awareness of the surroundings impact movement?	Students investigate and demonstrate how spatial awareness influences movement and physical activity. Students demonstrate an understanding of how movement can support different types of physical activity.
	How can fair play contribute to engagement in physical activity?	Students demonstrate an understanding of fair play and its associated benefits through a variety of physical activities.
	How can personal characteristics contribute to self-understanding?	Students examine and describe how personal characteristics contribute to self-understanding.
Safety: A lifetime of optimal well-being is supported by prioritizing health and safety.	How can boundaries contribute to safety?	Students investigate and explain how boundaries connect to safety.
Healthy Relationships: Personal well-being is supported through positive relationships built on communication, collaboration, empathy, and respect.	How can connections support healthy relationships?	Students investigate how healthy relationships in learning and playing environments are built through connection.



Second Step® Child Protection Unit Alignment with Physical Education and Wellness Standards for

Grade 3

Key Skills and Concepts			
Safety rules	Asking for permission	Safe and unsafe touches	Review of touching rule
✓	✓	✓	✓

Instructional Strategies												
Report sexual abuse	Review concepts	Respond to questions	Listen to others	Participate in whole-class and partner discussions	Communicate ideas	Signal agreement with others' ideas	Interpret stories	Interpret audio and video media	Practice cognitive and behavioral skills	Practice skills using drawing and role-play	Work independently	Work with partners
✓	✓	✓	✓	✓			✓	✓		✓		✓

Organizing Idea	Guiding Question	Learning Outcome
Movement Skill Development: A healthy way of life includes regular movement.	How might awareness of the surroundings impact movement?	Students investigate and demonstrate how spatial awareness influences movement and physical activity. Students demonstrate an understanding of how movement can support different types of physical activity.
	How can fair play contribute to engagement in physical activity?	Students demonstrate an understanding of fair play and its associated benefits through a variety of physical activities.
	How can personal characteristics contribute to self-understanding?	Students examine and describe how personal characteristics contribute to self-understanding.
Safety: A lifetime of optimal well-being is supported by prioritizing health and safety.	How can boundaries contribute to safety?	Students investigate and explain how boundaries connect to safety.
Healthy Relationships: Personal well-being is supported through positive relationships built on communication, collaboration, empathy, and respect.	How can connections support healthy relationships?	Students investigate how healthy relationships in learning and playing environments are built through connection.



**Second Step® Child Protection
Unit Alignment with Physical
Education and Wellness
Standards for**

Grade 4

Key Skills and Concepts			
Safety rules	Asking for permission	Review of unsafe and unwanted touches	Private body parts rule
✓	✓	✓	✓

Instructional Strategies												
Report sexual abuse	Review concepts	Respond to questions	Listen to others	Participate in whole-class and partner discussions	Communicate ideas	Signal agreement with others' ideas	Interpret stories	Interpret audio and video media	Practice cognitive and behavioral skills	Practice skills using drawing and role-play	Work independently	Work with partners
✓	✓	✓	✓	✓			✓	✓		✓		

Organizing Idea	Guiding Question	Learning Outcome
Movement Skill Development: A healthy way of life includes regular movement.	How might awareness of the surroundings impact movement?	Students investigate and demonstrate how spatial awareness influences movement and physical activity. Students demonstrate an understanding of how movement can support different types of physical activity.
	How can fair play contribute to engagement in physical activity?	Students demonstrate an understanding of fair play and its associated benefits through a variety of physical activities.
	How can personal characteristics contribute to self-understanding?	Students examine and describe how personal characteristics contribute to self-understanding.
Safety: A lifetime of optimal well-being is supported by prioritizing health and safety.	How can boundaries contribute to safety?	Students investigate and explain how boundaries connect to safety.
Healthy Relationships: Personal well-being is supported through positive relationships built on communication, collaboration, empathy, and respect.	How can connections support healthy relationships?	Students investigate how healthy relationships in learning and playing environments are built through connection.



Second Step® Child Protection Unit Alignment with Physical Education and Wellness Standards for

Grade 5

Key Skills and Concepts			
Safety rules	Asking for permission	Review of unsafe and unwanted touches	Private body parts rule
✓	✓	✓	✓

Instructional Strategies												
Report sexual abuse	Review concepts	Respond to questions	Listen to others	Participate in whole-class and partner discussions	Communicate ideas	Signal agreement with others' ideas	Interpret stories	Interpret audio and video media	Practice cognitive and behavioral skills	Practice skills using drawing and role-play	Work independently	Work with partners
✓	✓	✓	✓	✓			✓	✓		✓		

Organizing Idea	Guiding Question	Learning Outcome
Movement Skill Development: A healthy way of life includes regular movement.	How might awareness of the surroundings impact movement?	Students investigate and demonstrate how spatial awareness influences movement and physical activity. Students demonstrate an understanding of how movement can support different types of physical activity.
	How can fair play contribute to engagement in physical activity?	Students demonstrate an understanding of fair play and its associated benefits through a variety of physical activities.
	Character Development: Exploration of life opportunities and virtues develops resiliency and personal talents and promotes lifelong learning.	How can personal characteristics contribute to self-understanding?
Safety: A lifetime of optimal well-being is supported by prioritizing health and safety.	How can boundaries contribute to safety?	Students investigate and explain how boundaries connect to safety.
Healthy Relationships: Personal well-being is supported through positive relationships built on communication, collaboration, empathy, and respect.	How can connections support healthy relationships?	Students investigate how healthy relationships in learning and playing environments are built through connection.